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Volume 4, Number 16 *September 30-October 13, 1989*

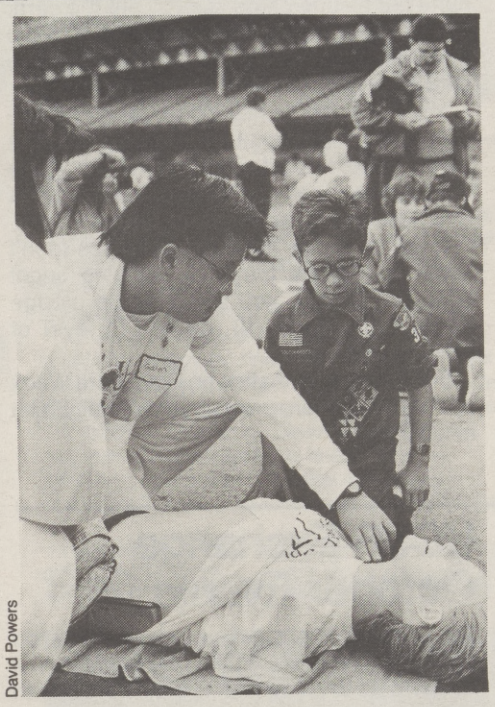
UCSF Newsbreak

The 125th Begins to Unfold

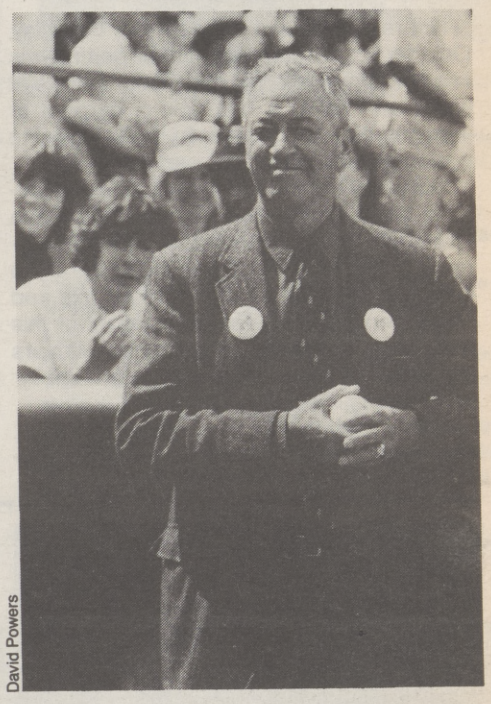
Robert Foothorap

Helping at the "Bridge to Bridge" Run

Clinical nurse specialists (left to right) Mary Sullivan, Brigid Ide and Mimi Monahan proudly strike a pose in front of the first-aid truck they and 12 others from the UCSF Medical Center manned (womanned) at last Saturday's "Bridge to Bridge" Run. Also at the run, providing terrific tunes, were "Bob Markison and the Jazz Doctors," featuring, among others, UCSF's hand surgeon Markison and infectious disease specialist/pianist John Conte.



David Powers



David Powers

Saving Lives at Candlestick

Save-a-Life Saturday at Candlestick Park was a "breathtaking" success. Nearly 2,000 people—including a Cub Scout pack—learned CPR from volunteer trainers on September 23 before the Giants took on the Astros. The second annual mass CPR course was sponsored by UCSF—as a gift to the city from the campus as part of our 125th Anniversary celebration—the Giants and others. On the far right, Chancellor Krevans rubs a baseball as UCSF Emergency Services physician Ellen Weber (left), operations director of the event, looks on. Krevans was selected to throw out the first pitch of the game.

Stephen Jay Gould Delves into Life's Cycles; Sierra Quartet Tackles Ravel

Harvard biologist, writer and pundit of science Stephen Jay Gould will join San Francisco's Sierra String Quartet in an annual scientific and musical tribute to one of UCSF's fondly-remembered faculty on Tuesday, October 10, at 4 p.m. in Cole Hall.

The tribute to late biochemist Gordon Tomkins begins with a discussion by Gould on "The Unrepeatable Pattern of Life's History." Gould will touch on the topic of his most recent book, *Time's Arrow, Time's Cycle*.

Gould teaches biology, geology and history of science at Harvard, where he is a professor of biology. Among the many other books he has authored for both the scientific and lay audience are *The Panda's Thumb*, *The Mismeasure of Man* and *Ever Since Darwin*.

Following Gould's discussion the Sierra String Quartet will perform Ravel's String Quartet in F Major and Boccherini's Quartet #7 in G Minor (Opus 33, No. 5).

Formed in 1985 as the first resident quartet of the San Francisco Conservatory of Music's Chamber Music Center, this ensemble has appeared in concerts around the US and Europe. Last year they won the Duisburg Prize in the Portsmouth International String Quartet Competition in England. The group is composed of violinist Joseph Edelberg, cellist Sarah Freiberg, violist Phyllis Kamrin and violinist Katherine Kyme.

Gordon Tomkins was professor and vice chair of our Department of Biochemistry and Biophysics from 1969 until his death in 1975. In addition to his scientific work in the study of hormone action, Tomkins was an accomplished classical and jazz musician. The lecture and concert, sponsored by the department, commemorate his pioneering role in molecular biology and his leadership in developing basic science at UCSF.

UCSF Researchers Warn: US Health Care System Not Prepared to Handle HIV Disease

Reports have been circulating around the country in newspapers and on radio and TV that there now may be successful early treatment of people infected with the AIDS virus. Because of the recent advances in AIDS research and clinical care, especially the effective use of the drug AZT, there very soon may be a much greater demand for lifesaving treatment.

But, according to UCSF researchers, the US health care system is ill prepared to deal with HIV disease.

"Unless policymakers, public health and medical leaders plan now, early intervention will only invite further chaos and disarray in the US health care system and will place even a greater financial burden on those who are HIV-infected," says Philip R. Lee, director of the UCSF Institute for Health Policy Studies.

Lee, who also is a member of the Center for AIDS Prevention Studies (CAPS) on campus, is co-author of a new study in the September 15 issue of *JAMA*. Other authors include UCSF health policy analyst Naomi Siegel and faculty at Montefiore Medical Center in New York and the University of North Carolina.

The authors say that HIV disease could eventually become a manageable chronic illness because of new antiviral therapies, including AZT, that slow the progress of the disease; drugs like aerosolized pentamidine, which can prevent *Pneumocystis carinii* pneumonia, the most common opportunistic

(continued on page 2)

Betty Boop with Dwight Clark at UCSF

It's almost time to party! This issue of *Newsbreak/Medsounds* contains your very own pull-out, suitable-for-framing UCSF 125th Features Section! You not only get a campus map telling you exactly where to find all the great birthday events on Saturday, October 14, but a behind-the-scenes look at this great celebration.

- Did someone say former 49ers Dwight Clark was going to be here? Just turn to the special 125th Features Section.
- Did you say celebrity chefs will be here? Just turn to the special 125th Features Section.
- Pride and Joy will be here? Really? Just turn to the special 125th Features Section.
- Even Betty Boop? Are you kidding? Just turn to you know where.

Shaking the Hand of the New Medicine Man

It was standing room only two weeks ago when the School of Medicine hosted a campus reception to welcome the new dean, Joe Martin. The reception was so popular in fact, it seemed everyone *on campus showed up . . . and then had to queue up all the way down the hall in order to shake the new dean's hand.*

New VAMC Program for Vets with Post-Traumatic Stress Disorder

The San Francisco VAMC has established a new treatment and research program aimed at helping people with post-traumatic stress disorder (PTSD), a condition afflicting at least 470,000 American Vietnam veterans.

"As many as one out of four men who served in the Vietnam War has significant psychological problems," says UCSF psychiatrist Charles Marmar, director of the new program at the VAMC.

Last year Marmar and his UCSF colleagues and other centers reported that full-blown post-traumatic stress disorder (PTSD) is much more common in Vietnam War vets than previously thought—some 15 percent of the men and 8 percent of the women nationwide, with another 10 percent suffering milder cases. The incidence is even higher in the western US, Marmar notes, where some 25 percent of male Vietnam vets have full-blown PTSD.

The VAMC is one of 23 VA medical centers that recently received VA grants to help expand their services. Individual, group and marital psychotherapy are offered in the VAMC program, plus medication and other medical treatments when needed.

For further information, veterans should call Keith Armstrong at 750-2073.

Get Ready for a Moving Experience

Imagine this: You're on the highway. All traffic is flowing smoothly, commuters are relaxed. You enter the city to find ample parking, and the air is much fresher. Sounds too weird? Maybe, a *Twilight Zone* episode?

Not really, it could happen. On Thursday, October 5, you could join fellow commuters in a concerted effort to leave your vehicle at home and catch a bus, join a carpool or vanpool, bicycle, or walk to work, or invite passengers along in your car.

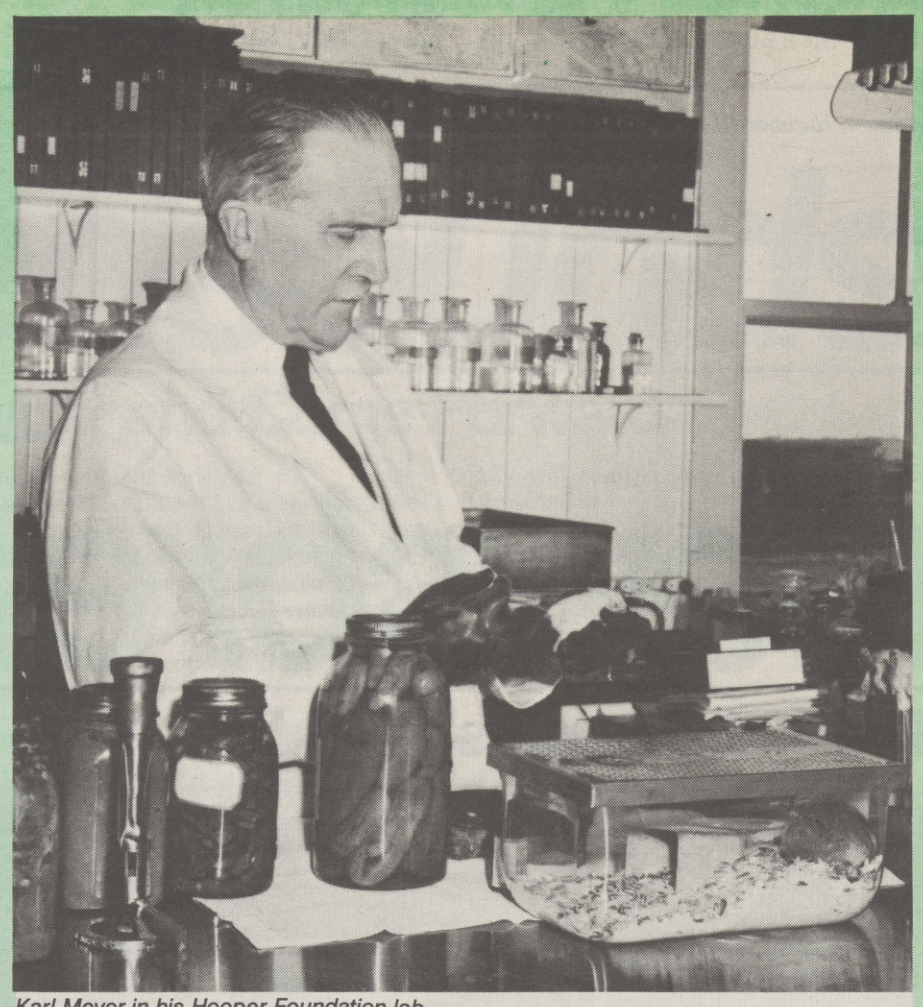
Governor Deukmejian has proclaimed October 2-6 to be the Fourth Annual California Rideshare Week to increase public awareness of the benefits of ridesharing and "to ensure a healthier environment for this and future generations." As the highlight of this week-long, statewide campaign solo drivers are asked to break their commute habit for just one day, Thursday, October 5.

Here's how to join this "abstention day": Members of the UCSF Transportation Services will be in the lobby of Medical Sciences and in front of the Millberry Union Express store on Friday, September 29, and Monday, October 2, from 11:30 a.m. to 1:30 p.m. to hand out pledge cards. Just fill out the card, which says that you promise not to drive alone that day, and send it to the address shown on the card.

You'll not only be helping to "Keep California Moving," but you'll also be eligible for a trip for two to Hawaii, round-trip tickets to any of 28 western cities, a vintage DC-3 flight, a limo ride to work, and a sunset cruise for two.

If you miss the Transportation reps (don't know how, since they'll be wearing bright Hawaiian shirts), you can pick up pledge cards from Room 18, on the G level of Millberry Union.

For further information on Rideshare Week or UCSF rideshare programs, call Walt Smith at x61514.



Karl Meyer in his Hooper Foundation lab

125th Flashbacks!

The second in a series of vignettes to celebrate our 125th anniversary.

It was the 1920s. A decade of free-living flappers, the "Jazz Age," the beginning of Art Deco. Mussolini marched on Rome, the Stock Market crashed, and six notorious Chicago gangsters were machine-gunned to death by a rival gang during what later would be called the St. Valentine's Day Massacre.

It also was a time when one of UCSF's greatest researchers—Karl Friedrich Meyer—was making his mark by proposing safety measures that eventually would save the California canning industry from botulism.

But this Swiss born man would not stop there. As head of our George Williams Hooper Foundation, he would work extensively on the plague, or as it was known "The Black Death."

In 1924, Meyer was asked to go to the Mexican quarter of LA to investigate 31 cases of pneumonic plague. (The Public Health Service had declared the plague "eradicated" in California nine years earlier.) After much study, Meyer reasoned that there was an infection chain. First, rats were infected with ground squirrel fleas. Once the rats died of the plague, the fleas needed a new host—humans.

Authorities then asked his advice on how to get rid of the ground squirrels, the rats and the fleas.

For the next several years he continued his work and found that another form of the plague was widespread in California, Oregon, Washington, Montana and Nevada, and that the infested fleas were traveling freely on all sorts of wild rodents. Fortunately, there were only rare sporadic cases occuring in humans.

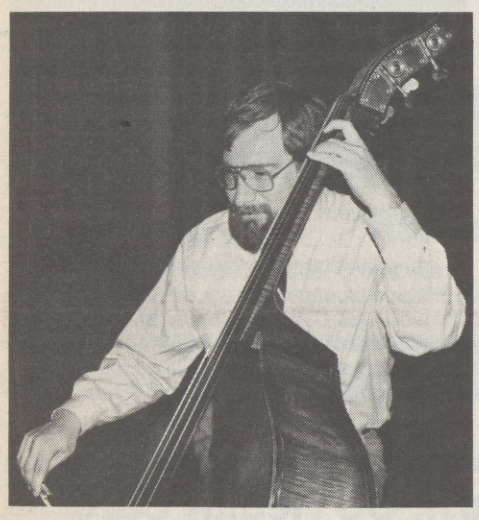
It was around 1940 that Meyer again was asked for advice, this time by the US military. Many of our fighting men and women would be traveling to areas of the world where plague was a potential threat. The military asked Meyer to devise an effective vaccine to protect our fighting troops.

With the help of the Air Force, Meyer gathered the fleas. "Practically every day, there would be an icebox coming in with bottles full of fleas," all to be ground up and shot into guinea pigs. The Hooper Foundation had built a special isolation facility just for the purpose.

The result? The Hooper Foundation became the only institution in the US at that time to develop an effective vaccine against the plague. In fact, Meyer and his colleagues produced some 26 million doses of the best vaccine that could be prepared for use in the military forces.

Meyer could write in 1964 that no cases of the plague had been reported in military personnel during the war years.

For more information on Meyer, see the National Academy of Sciences' *Karl Friedrich Meyer 1884-1974: A Biographical Memoir by Albert B. Sabin* (National Academy Press, 1980).



And On Bass We Have

Epilepsy Center director Ken Laxer warms up during the UCSF Orchestra's first fall performance on September 14. Conducted by graduate student Jonathan Davis, the Orchestra is open to all UCSF folks and the community. Call 681-2468.

UCSF Exchange October Events

The UCSF Exchange, a support organization for housestaff, fellows and their families, will host two fundraising events during the month of October to benefit the pediatric unit at SFGH.

- Plan to expand your home furnishings, wardrobe and much more *inexpensively*, by attending a rummage sale on Saturday, October 7, from 9:30 a.m. to 2 p.m. at 509 Miramar, SF.
- Halloween is around the corner and the UCSF Exchange is planning their annual Children's Halloween Party on Saturday, October 21, from 1 to 5 p.m. at St. Paul's Presbyterian Church, 43rd Avenue and Judah. From halloween songs to games, stories to a parade of costumes, bake sale to free prizes, join in the fun at this free event.

For further information call Michelle Lewis, 564-2496.

Rx for Research Papers

Does writing scientific articles get you down? The UCSF Biomedical Editors' Group has the remedy for what ails you: Brown Bag Drop-In Science Writers Clinics.

Held the first Thursday of each month from noon to 1 p.m. in Room 417 of the School of Nursing building, the clinics offer the opportunity to receive individualized help with your writing problems and to have your questions about publishing articles answered by experts. The clinics are an off-shoot of the well-attended "Writing a Successful Biomedical Research Paper," held last May.

The next science writers clinic will be held on Thursday, October 5. For further information call Evangeline Leash, x61503.

Royer Award Nominations Due

Nominations are being accepted for the J. Elliott Royer Award, which will be presented by UC this year to a San Francisco or East Bay physician on the basis of outstanding contributions to the field of neurology.

The award, which alternates each year between physicians in the fields of neurology and psychiatry, includes a cash grant established under an endowment from the late Dr. Royer's estate.

Letters of recommendation should be submitted by Wednesday, November 1, to: The Royer Committee, UCSF School of Medicine Dean's Office, Room S 224, Box 0410. Nominees must be active in the field of neurology in the counties of San Francisco, Contra Costa or Alameda, but not necessarily on a full-time basis. For futher information call x62341.

Development Office Now Downtown

Last week, our entire Development Office staff moved from their previous (temporary) locations in the Laundry/Storehouse building and 100 Medical Center Way to new headquarters in the Financial District at 44 Montgomery Street, Suite #255. (This is the same building where Professional Fee Billing is located.) Development's phone extensions (main number x66922) and box number (0248) remain the same. There will be two campus mail deliveries daily to the new location.

Didn't Mean to Keep it a Secret

In the August 26 issue of *Newsbreak* we announced the latest winners of the Julius R. Krevans Prize for Clinical Excellence given to outstanding residents at SFGH. Somehow the name of the foundation which created the prize ended up on the typesetting floor. The name of that foundation is none other than the prestigious Gladstone Foundation Laboratories for Cardiovascular Disease, a privately funded UCSF affilated research facility located at SFGH.

HIV *(continued)*

infection in people with AIDS; and new tests that can determine the strength or weakness of an infected individual's immune system and mark when drug therapy would be appropriate.

The researchers estimate that for each person who needs HIV drug therapy (with associated increased physician visits and testing), it will cost some $10,000 per year. The annual cost to the country if this treatment were available to *only 50 percent* of those infected with HIV today would be more than $4.8 billion.

Names Project Quilt

Have you lost someone close to you at UCSF because of AIDS? If you would like to commemorate him or her, why not be part of making a UCSF quilt to be added to the Names Project quilt. Shirley Hamilton of neurosurgery (x63860) is coordinating this project. Just give her a call for the details.

Instructors Note!

The Millberry Union Bookstore reminds all instructors that the deadline for turning in course book requisitions for the winter term is Friday, October 6. Questions? Call x68718.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover October 14-27, will be on Tuesday, October 3, at 11 a.m. Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Donald Hickerson, all at Box 0462. Last-minute copy can be taken over the telephone by calling x61541 or x62557.

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Med Center writer: Dawn Finch
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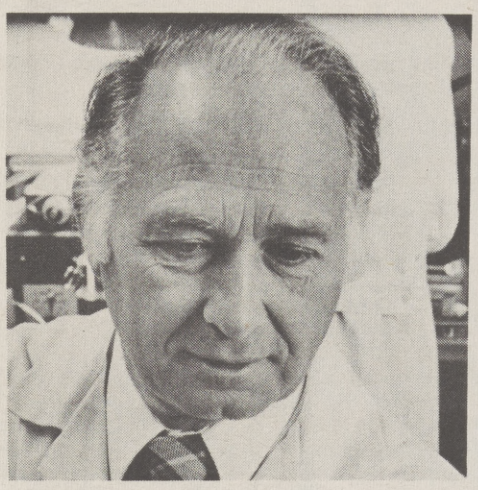
Photography: Allen J. Balderson, Dawn Finch

Michela Reichman, Assistant Chancellor—Communications

Gazette

Honors & Awards



Janet Fries

Gerold M. Grodsky, professor, biochemistry/biophysics; associate director, Metabolic Research Unit: Winner of the 1990 Robert H. Williams/Rachmiel Levine Award from the Western Metabolism Club for his "achievements and excellence, and contributions to the scientific community, especially its younger investigators."

Mikkel Aaland

Faricita Wyatt, employee representative, personnel; coordinator, Retirees Employment Program: Elected fellow of the International Biographical Association in Cambridge, England, publishers of the *Who's Who* reference series.

Service Awards

Service awards are issued on staff members' tenth anniversary of employment (or longer, in increments of five years). Names are provided by Personnel as awards are processed. Campus and Medical Center departments should send criteria to Personnel as employees become eligible for service awards.

John W. Anderson, 25 years, physical plant.

Gloria Antone, 10 years, environmental services.

Bonnie Bentley-Grear, 25 years, radiology.

Richard N. Bernstein, 10 years, computer center.

Willie Chatman, 20 years, laundry & linen services.

Alexis R. Gibson, 10 years, hospital admissions.

Man-Chiu Hong, 10 years, laundry & linen services.

Stella H. Kiyota, 15 years, Office of Senior Vice Chancellor, Academic Affairs.

Mary L. Jiles, 10 years, environmental services.

Lloyd R. Lantz, 20 years, police.

Gwendolyn J. Leong, 10 years, radiology.

Charles C. McDaniel, 20 years, physical plant.

Yolanda Morton, 10 years, police.

Frank I. Nicholas, 10 years, hospital admitting.

Lillian Parada, 10 years, environmental services.

Samuel J. Parker, 30 years, hospital cashiers.

Robert G. Patrick, 15 years, environmental services.

Anita C. Songco, 20 years, pharmaceutical services.

Susan D. Williams, 15 years, hospital cashiers.

Sheila D. Wills, 15 years, environmental health & safety.

Ronald S. Young, 15 years, clinical labs.

Publications

Sol Silverman, Jr., professor, stomatology; chair, oral medicine: Author, *Color Atlas of Oral Manifestations of AIDS* (B.C. Decker, Toronto/Phila., 1989).

Promotions

Promotions are made available to this publication after they are processed by the Personnel Department.

Randal Billyard, parking representative, parking operations.

Kenneth Blas, principal clerk, accounts receivable.

Danica Burdine, administrative assistant I, parking operations.

Julio Calero, clinic assistant II, ACC.

Carla Coates, project assistant III, LPPI.

Richard Daquioag, social work associate, AIDS Health Project.

Karen Dickinson, management services officer III, medicine.

Corazon Difuntorum, senior food service worker, nutrition & dietetics.

Adrienne Digiesi, assistant recreation supervisor, MU recreation.

Camelita Edoria, personnel assistant II, LPPI.

Lucinda Elkhatib, administrative assistant III, medicine.

Richard Fechter, senior development engineer, biomedical engineering.

Steve Hall, library assistant II, library.

Terri Hayes, senior food service worker, nutrition & dietetics.

Steven Herring, administrative assistant II, pharmaceutical chemistry.

Kristen Jacobson, administrative assistant II, social & behavioral science.

Barbara Jarshaw, secretary III, student health service.

Robert McGranahan, administrative assistant I, neurology.

Pamela Murray, administrative assistant III, biochemistry.

Martha Nepomuceno, staff research associate I, Cancer Research Institute.

Evette Nichols, personnel assistant III, nursing.

Kevin O'Leary, senior storekeeper, materiel management.

Luz Marina Pachas, principal clerk, accounts receivable.

Ethel Rainey, cashiers assistant I, central cashiers.

Cezar Ramiro, accounting assistant II, accounting office.

Edizer Rios, window cleaner, environmental services.

Nellie Rivera, housing assistant II, student housing.

Molly Rowan, word processing specialist, MU recreation.

Susan Ryan, director, fiscal services, LPPI.

Clifford Sacks, assistant recreation supervisor, MU recreation.

Linda Shephard, project assistant II, medicine, SFGH.

David Silver, psychologist II, AIDS Health Project.

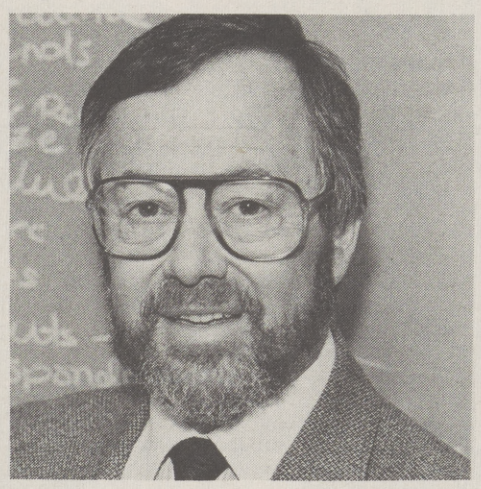
Christine Thatcher, administrative assistant II, stomatology.

Elena Vall, hospital unit service coordinator, operating room.

Tinniae Wilson, accounting assistant II, accounting office.

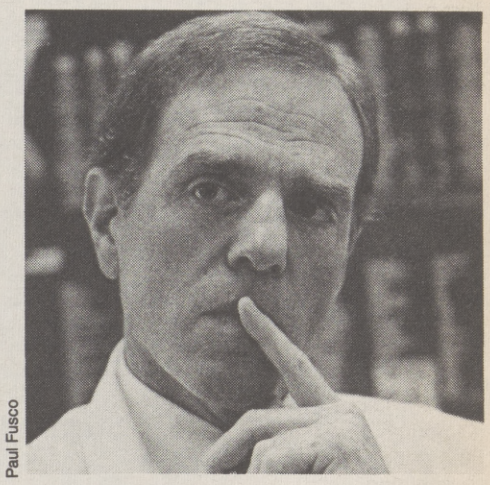
Kevin Wong, laboratory assistant I, pharmacology.

Appointments



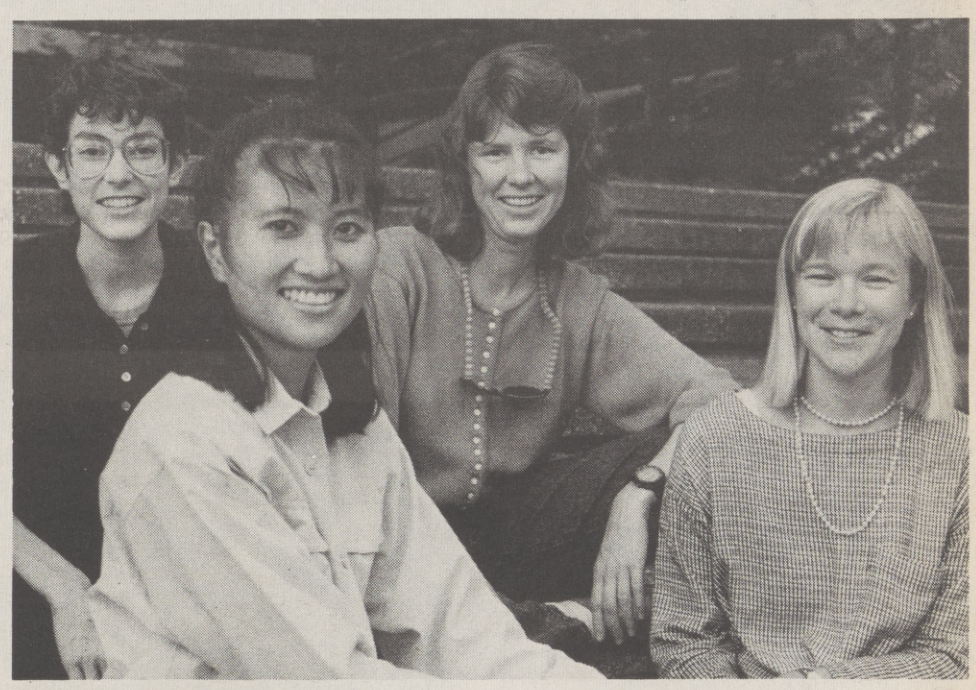
Paul Fusco

John S. Greenspan, chair, Department of Stomatology, School of Dentistry: Acting chair of the department since July 1988, he came to UCSF for a year in 1972 as visiting associate professor, oral pathology and returned in 1976 as professor, oral biology and oral pathology. He served as vice chair, Department of Oral Medicine and Hospital Dentistry from 1977-83 and has been chair of the Division of Oral Biology and vice chair of stomatology since 1981. Immediate past president of the American Association for Dental Research, and this year's Kershover Lecturer at the National Institute for Dental Research, his primary research interest is in oral immunopathology, virology and the oral manifestations of AIDS.



Charles E. Becker, director, Northern California Occupational Health Center (NCOHC) at SFGH. The UCSF representative at NCOHC since its inception in 1979, he came to UCSF in 1968 as chief resident, internal medicine at Moffitt Hospital and was appointed assistant professor, medicine in 1970 and full professor in 1983. The winner of numerous teaching awards, Becker serves as chief, occupational medicine and toxicology at SFGH. NCOHC conducts joint training, services and research among UC campuses at Berkeley and Davis, as well as UCSF. Over the years, it has graduated more than 200 alumni in disciplines of medicine, nursing, epidemiology, industrial hygiene and toxicology and will hold a tenth anniversary reunion on March 22, 1990.

SmithKline Beecham Fellowships for Four



Behrman, Dao, Kosinski and Nygren

UCSF medical students Victoria A. Behrman, Stella H. Dao, Lauren A. Kosinski and Kristen M. Nygren have won four of 26 Medical Perspectives Fellowships awarded by the National Fund for Medical Education and funded by SmithKline Beecham, an international health care and life sciences corporation.

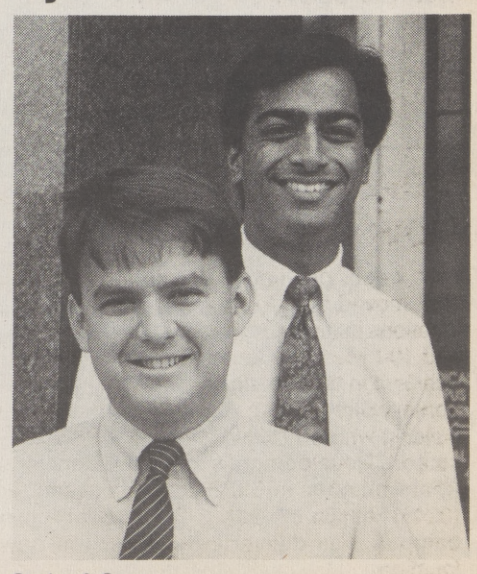
- Behrman, in her third year in the UCSF/UCB Joint Medical Education Program, receives $5,600 to study "AIDS in Cuba: Failure of Socialist Health Policy?"
- Kosinski, also in her third year in the Joint Program, receives $4,600 to study "The Cultural Construction of American Medicine: Exploring the Deeper Structures of Meaning in Doctor-Patient Interactions."
- Nygren, a fourth-year student, receives $3,400 for "An Exploration of Physician Attitudes toward Elderly Health Care Rationing in England."
- Dao, a third-year student, receives $1,900 to conduct "A Survey in the Philippines of Vietnamese Refugee Expectations and Family Structure."

Washington Health Policy Fellows Return

Medical students Pushkal Garg and Rick Stryker have just completed Washington Health Policy Fellowships sponsored by the American Medical Student Association. As two of four students nationwide to receive these fellowships, they each spent eight weeks in Washington, DC, working on the staff of health organizations and researching a particular health care issue.

Garg, a second-year student, worked for the Pepper Commission on Comprehensive Health Care, a congressional commission created to examine inadequacies in the US health care system, and prepared a paper on "Medical Malpractice: Problems of Cost & Access."

Stryker, a third-year student, worked for the National Health Care Campaign, a coalition of labor, business groups and health associations, for which he wrote on "Quality Assurance in Medical Practice: The Potential of Practice Guidelines."



Stryker & Garg

Today/Tomorrow

30 Saturday

ANESTHESIA MORBIDITY & MORTALITY CONFERENCE. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS: *Arterial Response to Injury.* Joe Rapp, Surg., VAMC. Followed by M&M conference. VAMC Aud. 8:30 a.m.

LOW VISION FORUM

Safe, Sane & Satisfactory Living. Frances Neer leads a discussion on the practicalities of everyday living for the visually impaired. First in a series of forums to be held on the first and third Saturdays of each month. Clinical Eye Research Bldg., 374 Parnassus. 11 a.m.-1 p.m.*

1 Sunday

CHILD CARE YARD SALE

Hundreds of items on sale to benefit UCSF's Marilyn Reed Lucia Child Care Study Center. At the Center, 610 Parnassus. 9:30 a.m.-2:30 p.m. For more information call x61616.*

2 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $50. To make an appointment call 990-0459 or x62193 between 9 a.m. and 3:30 p.m.

The van will be at the following locations for the next two weeks:

- Oct. 3-6: Foothill College, Los Altos Hills (for appointments call Diane at 960-4243).
- Oct. 9-13: Richmond District, on 7th Ave. between Geary & Clement.

RESPIRATORY CARE WEEK OCT 2-6

A series of events to celebrate National Respiratory Care Week, sponsored by Respiratory Care Service. (See story on page 8 for details.)*

- Oct. 2: **Pulmonary Function & Blood Oxygen Testing.** Free. Med. Sci. lobby. 9 a.m.-1 p.m.
- Oct. 3: **Tours of the Respiratory Care Department.** M 69. 9 a.m.-3 p.m.
- Oct. 4 & 5: **Spend an Hour with a Respiratory Therapist.**
- Oct. 6: **Raffle Drawing.** M 69. Noon.

OVEREATERS ANONYMOUS MEETING: *The "H.O.W." Concept.* A more structured approach to overeating. Speaker & discussion. N 417. Noon. Call Lia, x62542.*

OVEREATERS ANONYMOUS MEETING: Regular OA meeting. N 717. Noon.*

DERMATOPHARMACY SEMINAR: *Detection & Modulation of Epidermal Human Cytokines in Vivo.* Annemette Oxholm, Dermpharm. S 940. 12:10-1 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *With the Aid of the Retrospectroscope: A New Look at Old Breast Cancers.* Sandra Wolman, Cytogenetics, Michigan Cancer Fdtn., Detroit. L 535. 4-4:50 p.m.

3 Tuesday

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Orthodontic Management of Cleft Lip & Palate Patients.* Karin Vargervik, G&D. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8-9:30 a.m.

OB/GYN GRAND ROUNDS: *The Natural History of Dysplasia without Treatment.* Jan Bockmann, Petrov Inst., Moscow. S 1364. 9 a.m.

AGGELER LECTURE

Hemophilia & the Aggeler Lecturers. Ralph O. Wallerstein, Med. & Lab. Med. The 20th Annual Paul M. Aggeler Lecture. Carr Aud., SFGH. 11:30-12:30 a.m.

VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. L 191. 1-3 p.m. Call x61196.*

AIRD LECTURE

The Molecular Immunology of Myasthenia Gravis. Clinical neurologist John Newsom-Davis, Radcliffe Infirmary, Oxford. The Seventeenth Annual Robert B. Aird Lecture. Toland Hall. 5 p.m. Newsom-Davis also will speak at this week's Child Neurology Conference, see Wed., Oct. 4.

4 Wednesday

PLASTIC SURGERY GRAND ROUNDS: Problem cases. R.K. Davies Med. Ctr. 7-8 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Michele Hinojosa, x61662.

ENDOCRINE GRAND ROUNDS: *Hyperthyroidism & Periodic Paralysis.* Peter P.B. Yeo, Med., Natl. U Singapore. M 1486. 8:30 a.m.

PT OPENS HOUSE

Physical Therapy Department celebrates National Physical Therapy Week by hosting the public. L 126. 11 a.m.-1 p.m. (See story on page 8.)*

BROWN BAG LECTURE SERIES: *As You Age: Give Your Health a Fair Shake.* Joseph C. Barbaccia, Fam. & Comm. Med. HSW 300. Noon-1 p.m. Call x64394.*

ANATOMY SEMINAR: *Antigen Processing & Presentation: Close Encounters in the Endosome.* Frances Brodsky, Pharm. & Pharm. Chem. S 1364. Noon-1:15 p.m.

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

PSYCHIATRY GRAND ROUNDS: *PTSD in the National Vietnam Veterans Readjustment Study—Part 1.* Daniel S. Weiss, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1-3 p.m.

PHYSIOLOGY/PHARMACOLOGY/CELL BIOLOGY/ENDOCRINOLOGY SEMINAR: *Adenovirus E1A Transcriptional Transactivation & the TATA Box Transcription Factor.* Arnold Berk, Microbio., UCLA. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE: *Management of Inherited & Acquired Myasthenias in Children & Adults.* Aird Lecturer John Newsom-Davis, Clin. Neuro., Radcliffe Infirmary, Oxford. S 664. 4:30 p.m.

SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Leukocyte Function & Structure: Electron & Light Microscopy.* Dorothy Bainton, Path. HSW 508. 5:30-6:30 p.m.

CENTER FOR PRE-HOSPITAL RESEARCH & TRAINING JOURNAL CLUB: *Hand Trauma & Re-Implantation.* Leonard Gordon, Orthosurg. & Anat. L 191. 6-8 p.m.

SAN FRANCISCO HISTORY CLASS: *SF from the 18th Century to the Present.* Free weekly classes by historian Charles Fracchia, sponsored by SF Historical Society. Through Dec. 13. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for further information.*

5 Thursday

MEDICINE GRAND ROUNDS: *Hemochromatosis.* Lloyd H. Smith, Jr., Med. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY-NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Brain Resuscitation: Has Anything Changed?* George A. Gregory, Anes. & Ped. S 664. 8:30-9:30 a.m.

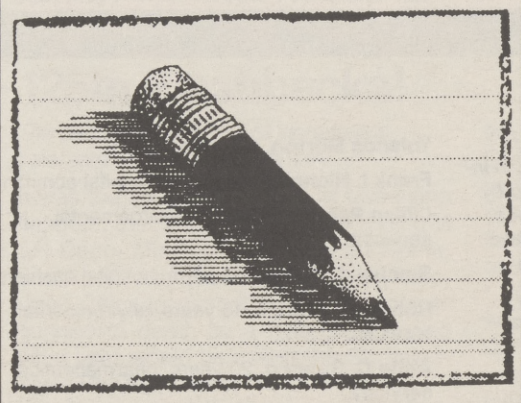
OPHTHALMOLOGY GRAND ROUNDS: *Advances in Uveitis.* Robert B. Nussenblatt, Natl. Eye Inst. Preceded by case presentations: *Neuro-Ophthalmology.* S 214. 8:30-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Carpal Tunnel Syndrome in Letter-Sorting Machine Operators.* David Rempel, Occup. Med., UCB. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR BOARD. L 34. 11 a.m.-12:15 p.m.

ORAL BIOLOGY 220 SEMINAR: *Phosphorylation & the Modulation of Epithelial Cell Metabolism.* Jonathan Widdicombe, Physio. & CVRI. S 664. Noon-1 p.m.



SCIENCE WRITING CLINIC: Drop-in help with writing problems & publishing questions. Sponsored by Biomedical Editors' Group. N 417. Noon-1 p.m. For more information call Evangeline Leash, x61503. (See story on page 2.)

NEURO-ONCOLOGY TUMOR BOARD. L 34. 12:30-1:30 p.m.

CRI-HEMATOLOGY/ONCOLOGY GRAND ROUNDS. M 1296. 3 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 303. 4-5:30 p.m.

NEURORADIOLOGY/NEUROSURGERY GRAND ROUNDS. HSW 303. 4:30-6 p.m.

PRIMARY CARE GRAND ROUNDS: *Evaluations of Oral Lesions.* Deborah Greenspan, Oral Med. A 455. 4:30 p.m.

COMEDIENNES WELCOME WOMEN

Women Welcome Women: Just for Laughs II. Renee Hicks, Marga Gomez & Diane Amos, three of the Bay Area's most gifted comediennes, star in this annual event welcoming new women to the campus. Faculty/Alumni House. 5-7:30 p.m.

COLE HALL CINEMA: *Dangerous Liaisons.* Children under 14 $2; UCSF employees (today only), students, seniors & MU members $2.50; general $3. Cole Hall. 5:45 & 8:15 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. LPPI A222. 6 p.m.*

6 Friday

SFGH MAXILLOFACIAL TRAUMA CONFERENCE. Rm. 4H4, SFGH. 7-7:30 a.m.

SFGH NUCLEAR MEDICINE/RADIOLOGY CONFERENCE. Rm. 1X58, SFGH. 7:45-9 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *New Strategies for Peptide Delivery through the Blood Brain Barrier.* William M. Pardridge, Med. & Endo., UCLA. S 1364. 11 a.m.

START HEALING YOUR FINANCES

HEALING YOUR FINANCES: *Getting Started.* John Beeson, Benefits & Financial Planning. First in a series of seminars sponsored by Paths of Healing & Wholeness. N 517. Noon.*

REPRODUCTIVE BIOLOGY SEMINAR: *Neuroendocrine Role of Inhibin & Activin in Reproductive Physiology.* Vicki Roberts, Salk Inst., San Diego. M 1486. Noon.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

SURGERY SEMINAR: *The Role of Sensory Neurons in Gastric Mucosal Blood Flow & Protection.* Peter Holzer, Exper. & Clin. Pharmacol., U Graz, Austria. HSE 317. 2-3 p.m.

COLE HALL CINEMA: *Dangerous Liaisons.* Children under 14 $2; students, seniors & MU members $2.50; general $3. Cole Hall. 6:30 & 9 p.m.*

7 Saturday

RUN FOR THE 125TH!

UCSF 125th Anniversary Run. Celebrate our anniversary with a 5K run or 5K walk. Start time is 9 a.m. at Speedway Meadows in Golden Gate Park. Registration $8 advance, $10 race day, includes T-shirt, refreshments & prizes. For further information call Nicole Child at x68900.*

ANESTHESIA MORBIDITY & MORTALITY CONFERENCE. HSW 301. 8-10 a.m.

ORTHOPAEDIC SURGERY GRAND ROUNDS. Cole Hall. 8-9 a.m.

SURGERY GRAND ROUNDS: *Physician Payment Reform: An Idea Whose Time Has Come.* Philip R. Lee, Med. & Inst. Hlth. Policy Studies. Followed by M&M conference. Toland Hall. 8:30 a.m.

ABSOLUTELY BENEFIT

UCSF AIDS Health Project benefit for *Absolutely Positive*, a PBS film & educational program about how people live with HIV infection. Food, entertainment & major auction prizes. San Francisco Film Studios, 8th & Harrison. 7 p.m. Tickets $50. For information call x66430.*

9 Monday

OVEREATERS ANONYMOUS MEETING: *The "H.O.W." Concept.* A more structured approach to overeating. Speaker & discussion. N 417. Noon. Call Lia, x62542.*

OVEREATERS ANONYMOUS MEETING: Regular OA meeting. N 717. Noon.*

URORADIOLOGY CONFERENCE: Emil Tanagho & Hedvig Hricak, both Uro. M 460. 5-6 p.m.

Features

by Dawn Finch

Behind the Scenes with the 125th

By now you're practically an authority on the big event on October 14 kicking off UCSF's 125th Anniversary celebration, right?

If you're not involved yourself, you probably know someone who is. Furthermore, you can't pick up a campus publication without getting the full scoop.

Notwithstanding your position of authority, there still may be some gray areas. For instance, you may be wondering how the idea for such a celebration began—not just the party, but the entire 125th machine. And how did it grow to such giant proportions. And not of least importance, who on earth is putting it all together?

Robert Foothorap

Checking a Celebrity Chef's chili: (left to right) Senior cook Ted Rathgeber, Annie Somerville from Greens Restaurant, Med Center chef Luis Del Cid and cafeteria production manager Mary Korn do a taste test on Somerville's Vegetarian Chili.

It Began With Holly Smith

It was Lloyd "Holly" Smith, the associate dean of the School of Medicine, who gave birth to the idea. In fact, it was just a little over a year ago that he first presented the concept to a group of colleagues. It was coming up on 125 years since a tiny North Beach institution called "Toland Medical College" opened its doors and laid a cornerstone for the UCSF we know today. It seemed important to mark the occasion in some way.

But if we were to do something, it also seemed important to take the celebration outside the university walls. It was obvious we needed to bridge some gaps in communication with the community. Maybe if we could bring the public into this celebration, people would begin to understand what the last 125 years have been about.

Furthermore, since this was our birthday, why not turn it around and *give* some presents to the community—something really meaningful, over and above our normal activities in patient care, research and education.

The concept caught on quickly. Holly Smith became chair for the overall event, and a "125th Celebration Committee" was set up. It was composed of 38 people representing just about every possible component of the campus.

In the natural order of committees they soon hatched subcommittees—10 of them, to be exact, with a total of over 200 faculty, staff, volunteers and students serving on them. (Check the list of committee members that was included in the 125th Anniversary information package you got in your campus mail. Your may find your name.)

Needless to say, for every committee member there were a dozen good ideas.

Putting the Ideas to Work

Someone had to put it all together, group the ideas into workable projects and make the whole thing happen.

The lucky person picked to head this task was Janet Norton, the director of Institutional Relations and a veteran of campuswide projects involving huge numbers of people—including the successful "UCSF Smoke-Free" campaign and AIDS Awareness Week.

Familiar sight: Janet Norton (right) and Judy Auda conducting planning sessions on the Millberry Union plaza—as far away from phones as possible.

Janet proceeded to set up her own committee—an "Implementation Committee"—composed of nine people (including herself) who could get the job done:

- Consultant Judy Auda, a professional events planner who earned her stripes with the Golden Gate Bridge celebration
- Brenda Patterson, on loan from the Office of the Vice Chancellor for Business & Finance to work full time as the operations person for the project
- Kathy Balestreri from Medical Center Administration and chair of SAC
- Valli McDougle from the School of Medicine Dean's Office and SAC
- Paula Schultz from the Office of the Vice Chancellor for Staff and Student Human Resources
- Chris Slaboszewicz from the Office of the Vice Chancellor for University Advancement & Planning
- Mark Jordan from the Alumni Office
- Barbara Atkinson from the Office of Public Service Programs.

Several Months Later

Much has materialized! From all those good ideas, the grandest one of all—the big kickoff on Saturday, October 14—is about to happen. Janet Norton's office is Grand Central Station, Judy Auda is juggling four stages of entertainment for the Big Day, and Brenda Patterson has umpteen bags of 125th paraphernalia at her beck and call.

Kathy Balestreri has her own three-ring circus going, organizing booths for the fair and itineraries for the tours, which, for the first time, will cross over from the hospital areas into the research laboratories. Valli McDougle, meanwhile, is busy getting the lab component of the tours organized.

"These Tours are Going to Be Terrific"

"I can't get over the enthusiasm people have for this project," says Valli, talking about the research labs' participation in the tours. "We've had more labs sign up than we can even fit into the tours."

Furthermore, when she did a dry run through the labs with Planning & Marketing's Liz Terra and Jim Crawford from Campus Tours/Speakers Bureau, it took them almost two hours to get through. "People were so interested in telling us about their work."

If you are curious about "Sushi Worms, Egyptian Mummies, & Things That Go Bump in the Night," which is what people will learn about in parasite expert Jim McKerrow's lab—or the research taking place in 11 other labs featured on the tours—don't miss this part of the party on October 14. (Don't worry—it won't take two hours to go through. Only three labs will be featured on each tour.)

Celebrity Chefs

This may well prove to be one of the most popular features of the day. Seventeen recipes from famous chefs throughout the Bay Area will be featured in the Moffitt Cafe and Grill from 11 a.m. to 3 p.m. that day.

Examples: Rockfish Quesadillas from Patricia Unterman of the Hayes Street Grill, Peanut-Lime Cold Noodles from Barbara Tropp of China Moon Cafe, Grilled Cheese with Sage Sandwich and Zucchini Pickles from Judy Rodgers of Zuni Cafe, and Butternut Squash Soup and Portuguese Chicken Soup from Joyce Goldstein of Square One.

To help you properly appreciate this feat, take a look behind the scenes: Of the recipes submitted by more than 20 chefs, 17 recipes were selected as items that could be reproduced in large quantities. For each of these recipes, Med Center head chef Luis Del Cid and cooks Jack Henderson, Ted Rathgeber and Roy Sullivan first tried it in our own kitchen to see how it did, in fact, reproduce in a quantity of, say, 200 servings.

Then, along with production manager Mary Korn, they visited the chefs in their own kitchens, to watch how they prepared the recipes, and to ask questions about any problems they encountered when they prepared it here on the trial run.

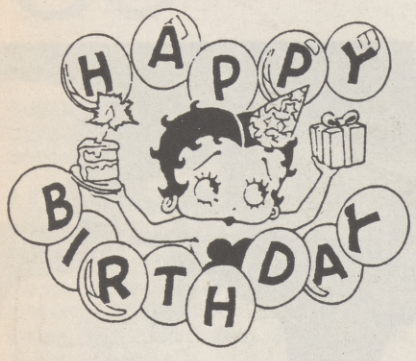
Finally, they prepared it once again, this time inviting the chef to come to our kitchen to taste for final adjustments and approval.

(continued on back page of Features*)*

Half the people she knows are working on this event, says Med Center liaison Kathy Balestreri (center). Three people who have been working extra hard include (clockwise from left) pediatrician Pam High, Med Center Administration's Ellen Call and Building Management's Dick Chan.

If you go to Tristam Parslow's lab—where visitors on October 14th will see how "designer genes" are made—these three will be your tour guides: Researchers Tom Hope (left), Howard Fox (right) and Tristam Parslow himself (rear). Their guinea pig for a trial run is Valli McDougle (center), who's organizing the lab component of the tours.

Welcome to the 125



Come to a classic cartoon festival hosted by the Marilyn Reed Lucia Childcare Study Center. Featuring Betty Boop and other favorites. HSW.

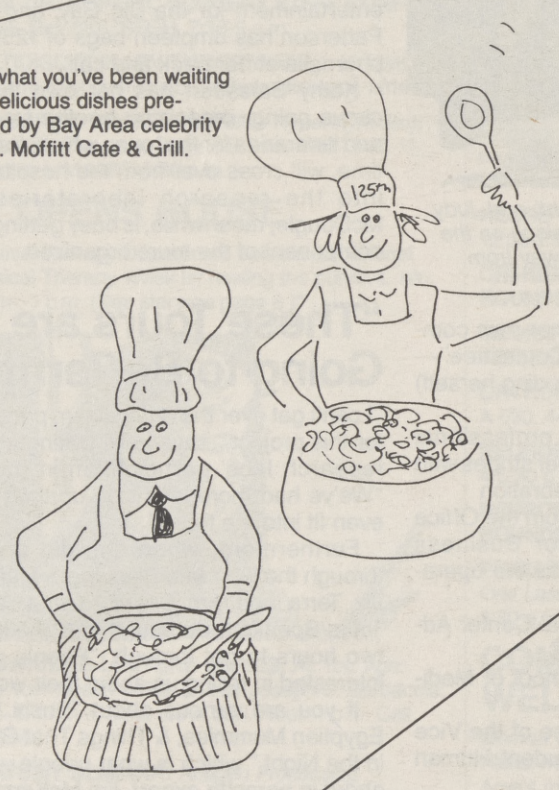
Sample foods from around the world. Saunders Court.

Spectacular dance performances and music from many cultures: Samba, African-American, Polynesian, Japanese and Chinese. Saunders Court.

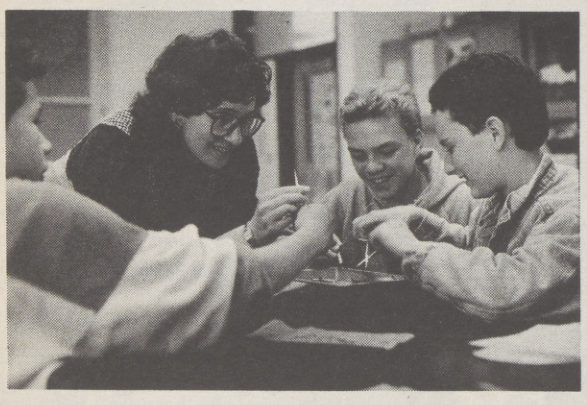
Here's the dance music! Rock with Pride & Joy, swing with the Dick Bright Band. Emceed by comedienne Marga Gomez. Saunders Court.

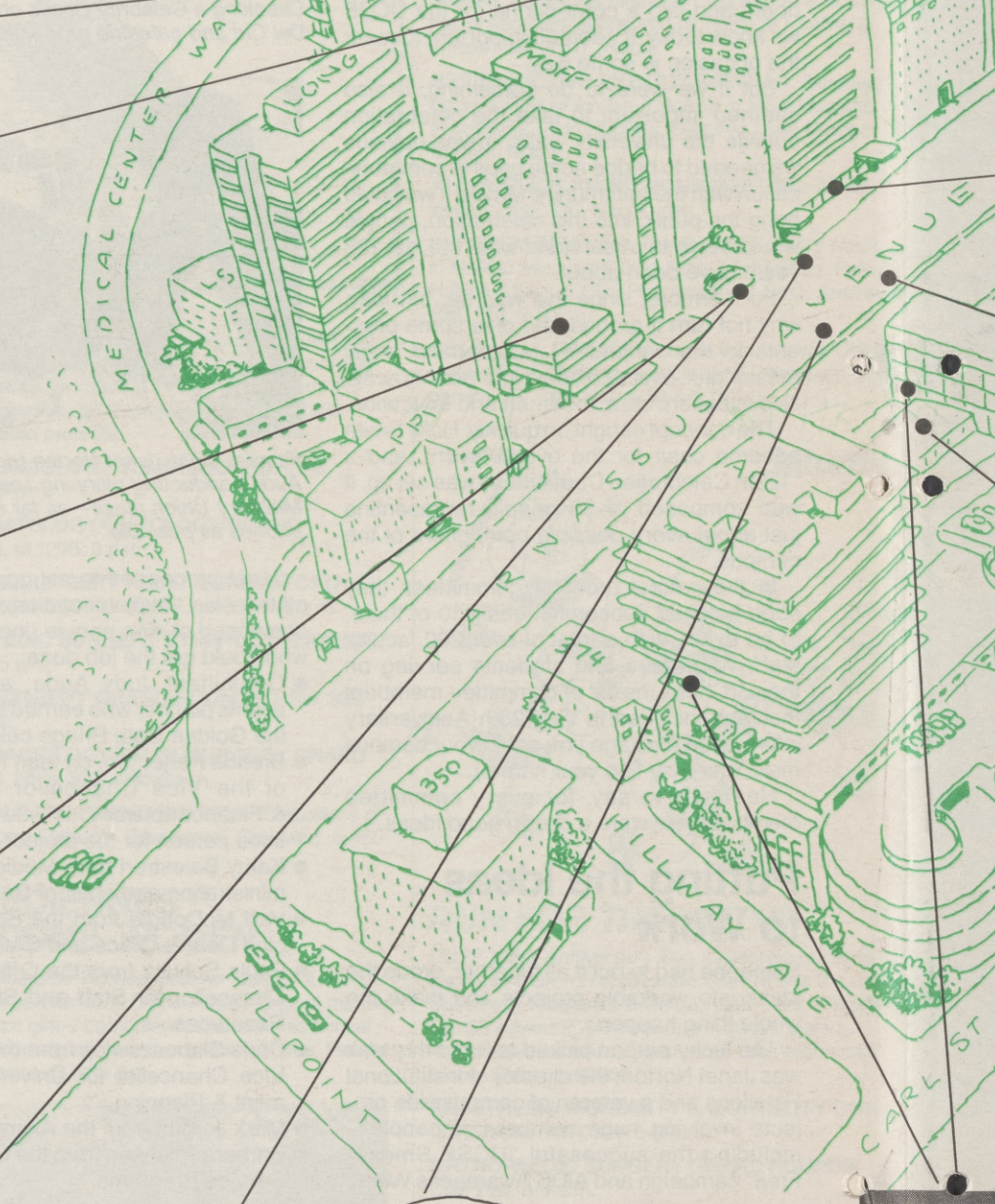
"Cole Cabaret" presents comedienne Diane Amos, jazz vocalist Faith Winthrop, Latin jazz group Canoneo, performers from off-Broadway's "Party of One." Cole Hall.

Just what you've been waiting for: Delicious dishes presented by Bay Area celebrity chefs. Moffitt Cafe & Grill.

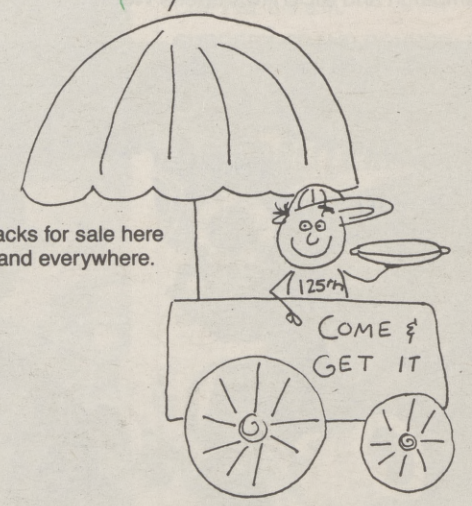


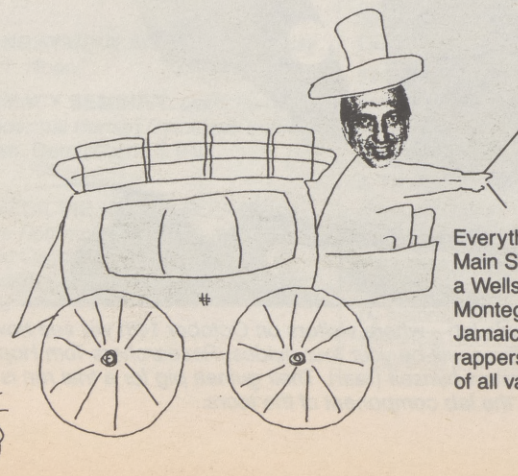
Presentation of our "Gifts to the City": Science Education Partnership with the City Schools, Health Education Partnership, Explorer Scout Posts. Main Stage.



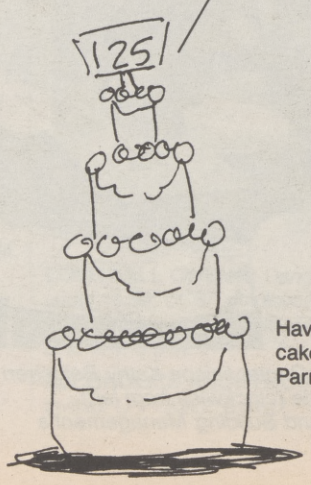


Lots of snacks for sale here and there and everywhere.





Everything happens at the Main Stage: Mayor arrives in a Wells Fargo Wagon, the Montego Bay Boys Club from Jamaica makes music, plus rappers, clowns, performers of all varieties . . .

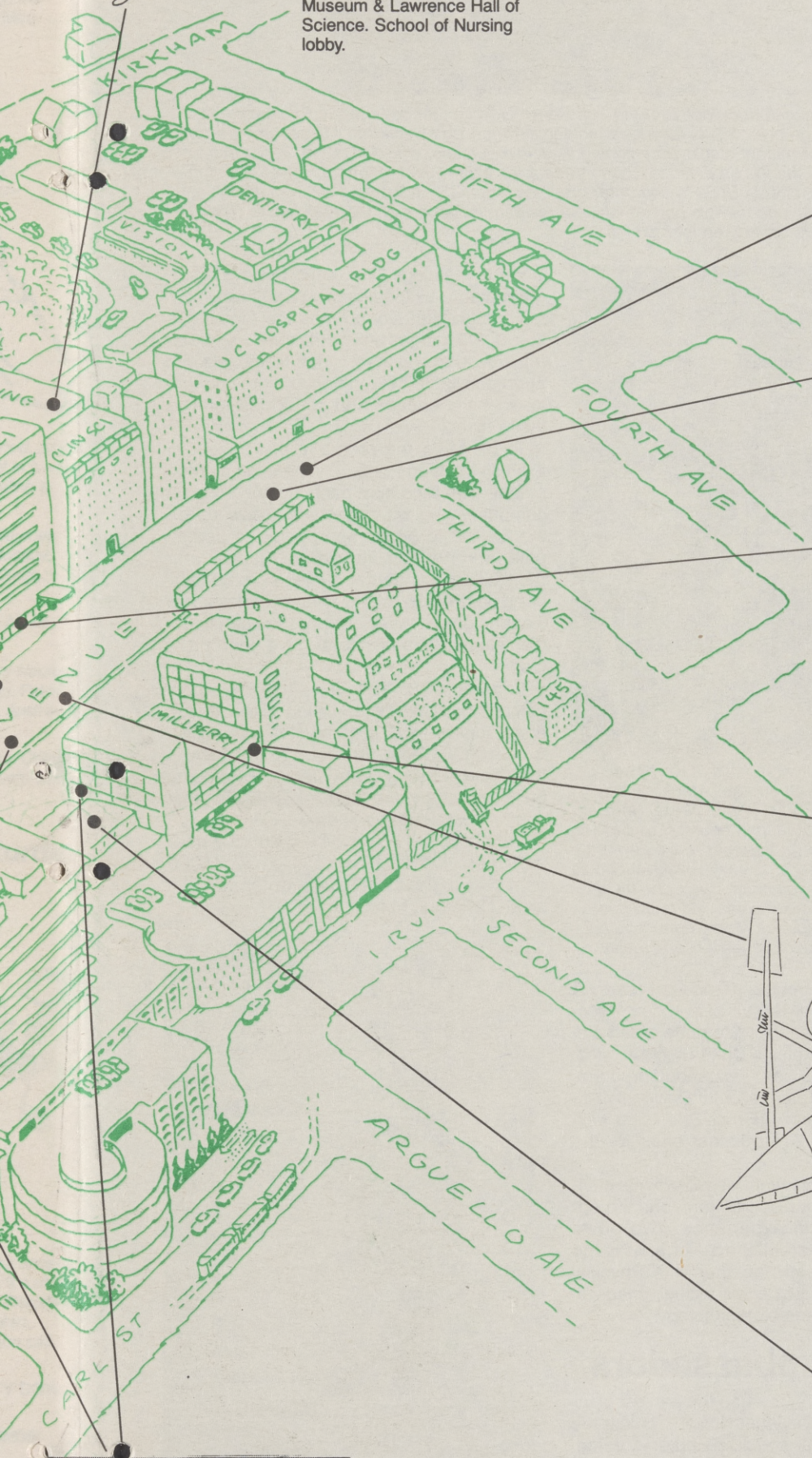


Have a piece of birthday cake—plenty for everybody. Parnassus & other locations.

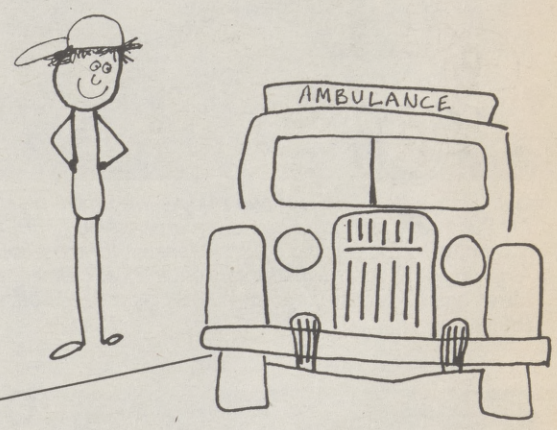
125th Anniversary Kickoff!

Here's your guide to the big birthday bash on Saturday, October 14. Bring your family and come celebrate, 10 a.m. to 4 p.m! A program with all the events and times will be available as you arrive that day.

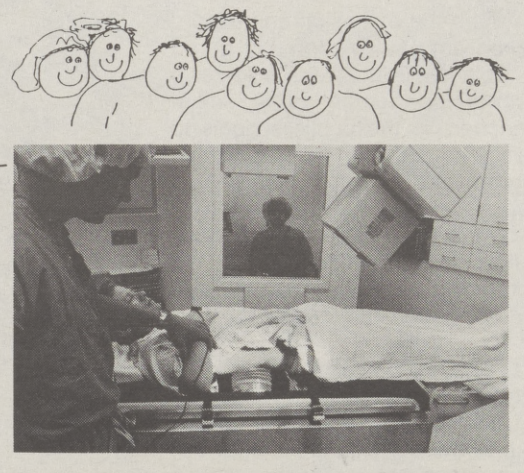
A Bubble Show and other riveting exhibits by local museums—the Exploratorium, Bay Area Discovery Museum & Lawrence Hall of Science. School of Nursing lobby.



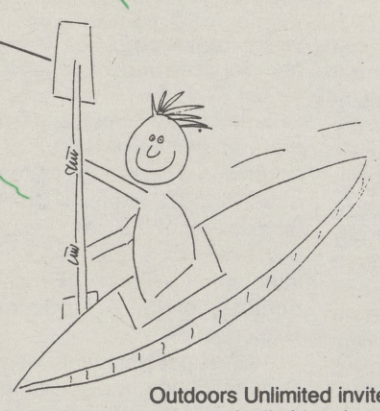
1860's "Magical Medicine Show" stars fast-talking medicine man H.P. Lovecraft and the Riata Ranch Cowboy Girls. Third & Parnassus.



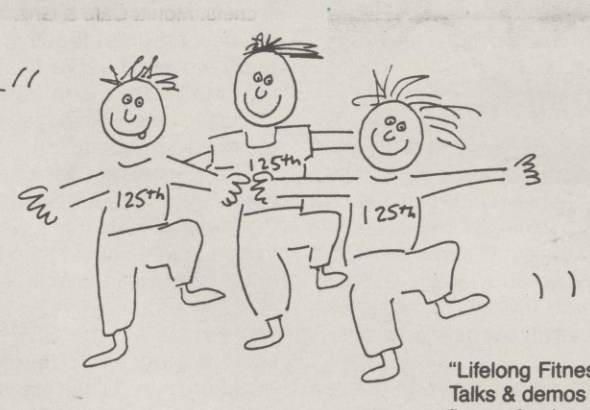
Evolution of the ambulance: Showcase of vintage vehicles. Parnassus near Third.



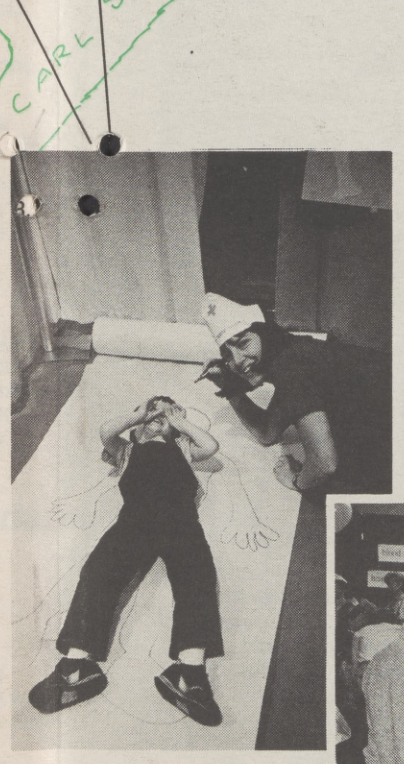
Take a tour of the Medical Center and research labs, leaving every 30 minutes from the Medical Sciences lobby. (Separate tours of Ambulatory Surgery Center).



Outdoors Unlimited invites you to try rock climbing, kayaking, canoeing, wind sailing & a ropes course. In front of Millberry Union & in the pool area.

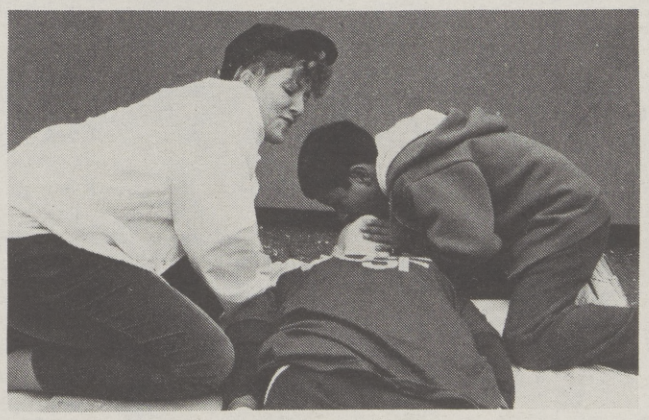


"Lifelong Fitness" Expo—Talks & demos focusing on fitness for the very young and the very well-seasoned. Celebrity guest: Former 49er great Dwight Clark. MU Fitness Center.

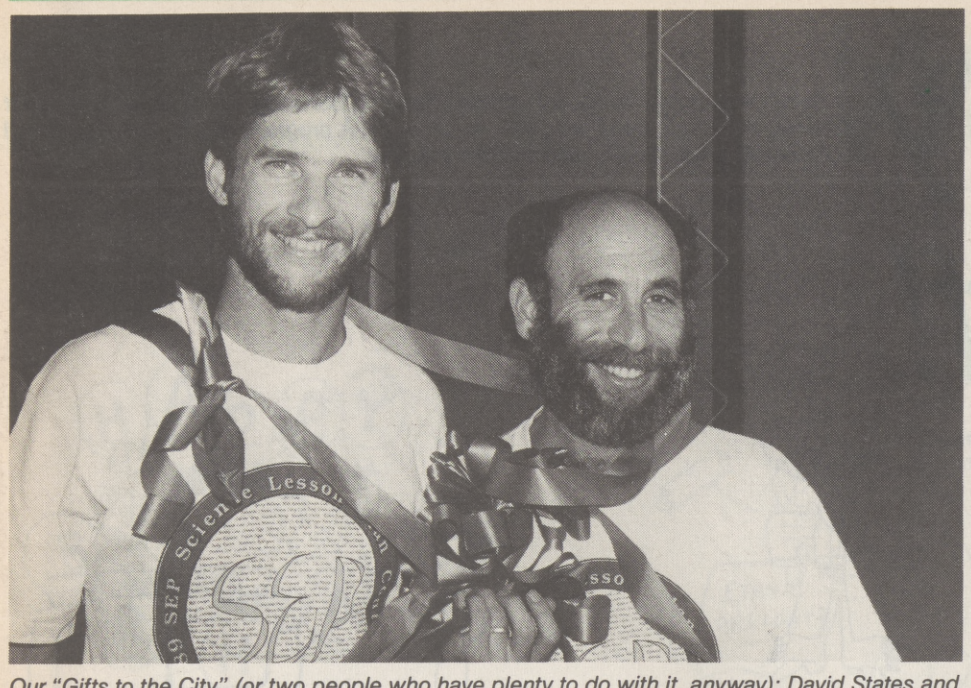


The big Health/Science Fair for young and old: 35 action booths that make learning fun. MU gym and ACC lobby.

How to become CPR-certified? Demos and information here. Ambulatory Care Center lounge.



Map: David Broad
Drawings: Dawn Finch



Our "Gifts to the City" (or two people who have plenty to do with it, anyway): David States and Art Sussman, Science Education Partnership (SEP) coordinator and academic coordinator, respectively. Too bad he couldn't make it for the photo: Biochemistry/biophysics chair Bruce Alberts, the PI (prime instigator) behind SEP. David, along with the School Board's Joanne Miller, has been instrumental in setting up SEP's offshoot, the Health Education Partnership (HEP).

Live from the Exploratorium: (left to right) Les Benet, Bob Langridge, and the Exploratorium's Charles Carlson go over details for a new molecular modeling exhibit that will become part of the museum's permanent displays beginning in November. Les, who chairs the Department of Pharmacy, heads the Public Exhibits Committee for the 125th Celebration. Bob, also a member of the committee, directs UCSF's computer graphics lab. UCSF will have a second exhibit at the Academy of Sciences—this one on Ishi, our resident Indian during the early years. The Academy exhibit is scheduled for next fall.

Who's coordinating all the publicity for the 125th events? Corinna Kaarlela (left) is News Services' 125th "point person"; and Steve Reynolds (right) can tell you what it takes to get all that publicity material in the mail.

125th *(continued)*

"It's been a lot of fun—and certainly interesting—for our staff to work with these chefs," says Nutrition & Dietetics director Leon King, "and I think it's been an eye opener for some of the guest chefs to see our operation here." While an average size restaurant might prepare 100 to 300 meals on a good night, one lunch in our cafeteria means 3,500 meals.

The plan is for these recipes to become a part of the regular cafeteria menu, and to make this the beginning of an ongoing collaboration. "Barbara Tropp [from China Moon] is already planning an exchange program," says Leon, "in which our respective staffs would spend time working in one another's kitchens."

Footnote: The entire "Celebrity Chef" project and the idea of melding the institutional food program with the "good life" has so intrigued the press, that several local papers have asked for exclusives on the story.

Our Gifts to the City

The idea of giving something meaningful to the community on the occasion of our birthday has materialized into the presentation of four "Gifts to the City" to the Mayor at the birthday party.

One gift will be the extension and expansion of a program you've probably heard about: our Science Education Partnership (SEP), which brings together UCSF scientists and teachers in the public schools to bolster science education in San Francisco.

This program has grown so rapidly and met such success since the Department of Biochemistry and Biophysics started it two years ago, it has led to the development and presentation of our second gift, a new program called the Health Education Partnership (HEP).

"The Health Education Partnership will follow the pattern of SEP," says SEP coordinator David States, who, along with SF Unified School District School Board Member Joanne Miller, is largely responsible for putting the new program together. "But where SEP really works to serve basic science needs, the Health Education Partnership will focus on health science and family life programs in the middle schools."

The original request for such a partnership came from School Superintendent Ramon Cortines, whose hope was that our faculty and resources could help the schools fortify or develop preventive teaching programs for specific problems—drug abuse in particular—in the way that SEP had done for basic science programs. The program will be administered by David Ramsay, Senior Vice Chancellor for Academic Affairs.

Our third gift—a year-long campaign to teach CPR to people throughout the Bay Area—began with the UCSF-sponsored "Save-a-Life Saturday" at Candlestick Park on September 23. Nearly 2,000 Bay Area residents learned the basics of CPR at this second annual event.

And our fourth gift is the expansion of a program that began with our Campus Police: Beginning October 14, UCSF will be the official home for six Explorer Posts, involving about 200 young San Franciscans who want to learn more about a particular career. A program of the Boy Scouts of America, membership in a post is open to male or female, ages 14 to 21, explains Chris Slaboszewicz, coordinator of the newly expanded program. (His boss, Vice Chancellor for University Advancement & Planning Bruce Spaulding, incidentally, is Bay Area district chair for the Explorers.)

As the host institution, we will provide advisors, guidance, a place to meet and the opportunity to gain experience. Two posts already were established—one with the Campus Police and another with Physical Plant. The new posts will include medical, dental, nursing and biotechnology.

More than 900 volunteer slots have been filled for the 14th! Of course, it took a lot of volunteers just to sign up volunteers. Here are four who put in some long hours: (Front to back) Environmental Services' Faye Lewis, 11 Long's Kristy Kopp-Drewry, Administration's Joan Guerra and volunteer Trudy Ehrenfeld (former MSO in Anesthesia). The recruitment was coordinated by the Med Center's Volunteer Services under Leona Hansen-Nealey.

UCSF Ambassadors

"A strong consensus since the earliest planning stages," says Janet Norton, "is that the focus for the year should be outer-directed. Of course, everything we're doing—the kickoff party, the gifts to the city, the advertising campaign—it all has to do with public outreach."

There are some individuals and groups, however, who are making some specific outreach efforts. UCSF Foundation trustee Ellen Newman, for instance, wrote personal letters to many downtown merchants, asking them to create storefront windows paying tribute to our anniversary. The outcome: Sherman & Clay, Maison Mendessolle, North Beach Leather and other Union Square merchants have committed to doing so the week prior to our kickoff party.

Members of the Staff Advisory Committee formed their own ambassadorial group, spearheaded by LPPI's Ann Poirier. They put together bags filled with 125th Anniversary T-shirts, posters, souvenirs and information; divided up the neighborhood business areas into two-block groups, and personally visited the merchants to introduce themselves and drop off, shall we say, the "SAC sacks."

The alumni also has a great thing going. The School of Nursing's Julia Faucett, former head of the Alumni Association, came up with the idea of sending badges and tent cards with the message "I'm proud to be a UCSF graduate" to all the alumni in San Francisco.

Through Mark Jordan and the Alumni Office, 3,500 badges and cards now have been mailed, along with a letter telling people about the 125th celebration and urging them to wear the badges and set up the tents in their offices.

To reinforce the program, the School of Dentistry's Jean Poupard is heading a group of ten—two reps from each alumni group on campus—who will personally follow up on the mailing to encourage people to participate. If in the coming year you notice your dentist, doctor, dental hygienist, neighborhood pharmacist or other health professional wearing one of these buttons, you can figure the "Alumni Ambassadors" have been there first!

Pride in UCSF is really what this whole celebration is all about. "When all is said and done and the year is complete," says 125th Anniversary Committee chair Holly Smith, "I think the people of San Francisco are going to know a lot more about UCSF. For that matter, our own staff will know a lot more. The hope is that the celebration will fortify people's reason to say, 'I'm proud to have UCSF as a part of this community,' or for our own staff, 'I'm proud to work at UCSF.'"

This photo represents several things: For one, it gives you an example of the activities Outdoors Unlimited has planned for October 14. It also contains several people representing Millberry Union programs participating in the event: Heidi Guilfoyle (top) and Wayne Hiroshima (behind Heidi), representing the fitness activities; Bruce Wilson (below Heidi) representing Outdoors Unlimited; and Randy Balch (falling), MU operations. Karen Attix could also stand to be in this photo, since she's organizing the Cole Cabaret featured on the 14th. (Little Stevie Leonoudakis is just off to the left of this photo, doing the choreography).

Delivering "SAC sacks" to Joky's owner Janet Kim: Staff Advisory Committee members Chris Yee (left) from Campus Police and LPPI's Ann Poirier.

Sept. 30-Oct. 13, 1989

10 Tuesday

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Biologic Basis, Evaluation & Long-Term Results of Osseo-Integrated Implants.* Richard A. Smith, Oral & Max. Surg. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8-9:30 a.m.

OB/GYN GRAND ROUNDS: *Current Concepts in Estrogen Replacement.* Rogerio A. Lobo, Ob/Gyn, USC. S 1364. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

OBSTETRICS/PEDIATRICS & ANESTHESIOLOGY CONFERENCE: John L. Kitzmiller, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

BAY AREA WOMEN WRITERS SERIES: SDiane Bogus, author of *Dyke Hands & Sutras Erotic & Lyric.* Reading/discussion sponsored by UCSF Women's Resource Center. HSW 302. Noon.*

DENTAL DEAN'S SEMINAR

Microbial Ecology of Periodontal Pockets. Gary C. Armitage, Perio. C 701. 12:30-1:45 p.m.

Ravel & Tomkins

GORDON TOMKINS LECTURE & CONCERT

Science writer & Harvard biologist Stephen Jay Gould discusses *The Unrepeatable Pattern of Life's History.* The Sierra String Quartet performs Ravel's *String Quartet in F Major* and Boccherini's *Quartet #7 in G Minor.* The Gordon Tomkins Memorial Lecture & Concert. Cole Hall. 4 p.m. (See story on page 1.)*

SFGH GI-MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Gerstmann-Sträussler-Scheinker Syndrome.* Karen Hsiao, Neuro. S 664. 5-6 p.m.

11 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *Treatment of Benign & Malignant Tumors of the Hand.* Leonard Gordon, Ortho. & Anat. Toland Hall. 7-8 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Michele Hinojosa, x61662.

125TH EVENT:
UCSF TODAY & TOMORROW

BROWN BAG LECTURE SERIES: *UCSF: Today & Tomorrow.* Lloyd H. Smith, Jr., Assoc. Dean, Sch. Med. HSW 300. Noon-1 p.m. Call x64394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

PSYCHIATRY GRAND ROUNDS: *PTSD in the National Vietnam Veterans Readjustment Study—Part 2.* Charles R. Marmar, Psychr. LPPI Aud. 1-2 p.m. (See story on page 2.)

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Bone Pathology.* Edward L. Howes, Jr., Path. & Oph. HSW 508. 5:30-6:30 p.m.

SAN FRANCISCO HISTORY CLASS: *SF from the 19th Century to the Present.* Free weekly classes by historian Charles Fracchia, sponsored by SF Historical Society. Through Dec. 13. Toland Hall. 7:30-9:30 p.m. Call 567-2725 for further information.*

12 Thursday

MEDICINE GRAND ROUNDS: *Recent Advances in the Clinical & Molecular Biology of Lung Cancer.* John D. Minna, Onc., NCI, Naval Hosp., Bethesda. Toland Hall. 8 a.m.

SFGH NEUROLOGY-NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Predictions of Risk Taking Behaviors During Adolescence.* Charles E. Irwin, Jr., Ped. & Adol. Med. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Problems in Cataract Surgery: Small Pupils, Postoperative Astigmatism & Glaucoma Combined Procedures.* Thomas R. Mazzocco, Oph. Preceded by case presentations: *Ocular Oncology.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Stress Reduction Programs.* James Seward, Occup. Hlth., UCB. SFGH Bldg. 30, 5th Fl. 9:15-10:45 a.m.

PEDIATRIC TUMOR BOARD. L 34. 11 a.m.-12:15 p.m.

ORAL BIOLOGY 220 SEMINAR: *Characterization of Epithelial Cell Differentiation.* Carol Basbaum, Anat. & CVRI. S 664. Noon-1 p.m.

GERIATRIC GRAND ROUNDS: *The Neurologic Examination.* Roger P. Simon, Neuro., SFGH. Herbst Hall, Mount Zion. Noon-1 p.m.

NEURO-ONCOLOGY TUMOR BOARD. L 34. 1:30 p.m.

CLINICAL ONCOLOGY CONFERENCE. M 1296. 2 p.m.

CRI HEMATOLOGY/ONCOLOGY GRAND ROUNDS. M 1296. 3 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Primary Care ENT.* Robert Wesman, Oto. A 455. 4:30 p.m.

RADIATION ONCOLOGY GRAND ROUNDS: *Research on Radiotherapy of Nasopharyngeal Cancer in Guangzhou.* Zhang En-Pi, Rad. Onc., Sun Yat-Sen U, Guangzhou, China. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS: *Renal Dysplasia.* Beverly P. Wood, Radiol., USC. HSW 303. 5:15-6:15 p.m.

COLE HALL CINEMA: *Bat Man.* The caped crusader draws a joker and a new love interest. Children under 14 $2; UCSF employees (today only), students, seniors & MU members $2.50; general $3. Cole Hall. 5:45 & 8:15 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. LPPI A 222. 6 p.m.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Science & Politics of Breast Implants.* Gary Brody, Plast. Surg. Faculty/Alumni House. Dinner 6 p.m. Lecture 7 p.m. $20. For reservations call x63061.

13 Friday

SFGH MAXILLOFACIAL TRAUMA CONFERENCE. Rm. 4H4, SFGH. 7-7:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *An In Vitro Model of the Blood Brain Barrier.* Lee Rubin, Athena Neuroscience. S 1364. 11 a.m.

REPRODUCTIVE BIOLOGY SEMINAR. M 1486. Noon.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

HEALING YOUR FINANCES: *Investments & Income Taxes.* John Beeson, Benefits & Financial Planning. Second in a series of seminars sponsored by Paths of Healing & Wholeness. N 517. Noon.*

COLE HALL CINEMA: *Bat Man.* The caped crusader draws a joker and a new love interest. Children under 14 $2; students, seniors & MU members $2.50; general $3. Cole Hall. 6:30 & 9 p.m.*

DEVELOPMENT & TRAINING

For further information call x64032.

English as a Second Language. Tues. & Thurs., Oct. 3-Dec. 19. Noon-1 p.m. $50.

Career Directions at UCSF. Wed., Oct. 4-18. 8:30 a.m.-noon. $10.

Writing & Editing Skills. Wed., Oct. 4-18. 1-4 p.m. $20.

General Ledger & Accounting. Thurs., Oct. 5. 8:30 a.m.-noon. $10.

The UCSF Budget Process. Thurs., Oct. 5. 9 a.m.-noon. $10.

Costs Transfers. Fri., Oct. 6. 9 a.m.-noon. $10.

Typing Instruction Via Computer. Wed., Fri. & Mon., Oct. 11, 13 & 16. 1 a.m.-noon. $40.

Supervisor's Training Program. Thurs., Oct. 12-Nov. 16. 8:30 a.m.-noon. $30.

Demystifying Computers & Introduction to Operating Systems. Fri., Oct. 13. 9 a.m.-4:30 p.m. $50.

CONTINUING EDUCATION

MEDICINE
For program information call x64251 unless otherwise noted, registration x65808.

The Skin From A to Z. Forum Aud., UCSF Laurel Heights. Oct. 14-15. Call x65208.

Pulmonary Critical Care Medicine. The Parc 55 Hotel, SF. Oct. 19. Call x65208.

Topics in Emergency Medicine. Holiday Inn Union Square, SF. Oct. 30-Nov. 4. Call x65208.

Current Topics in Occupational Medicine. Cathedral Hill Hotel, SF. Oct. 30-Nov. 3. Call x65208.

Otology Update. Stanford Court Hotel, SF. Nov. 5.

Group Therapy Symposium. Sir Francis Drake Hotel, SF. Nov. 10-12.

Spirometry Course: Pulmonary Function Testing in Occupational Settings. Holiday Inn, Emeryville. Nov. 16-17. Call 642-5507.

Stabilization & Management of the Critically Ill Child. Hotel Bedford, SF. Dec. 9-10.

Clinical Care of the AIDS Patient. Hyatt Regency Hotel, SF. Dec. 11-12. Call x65208.

Update: Pediatric Ophthalmology. Hyatt Regency, SF. Dec. 14-15.

DENTISTRY
For further information call x61101.

Overview of Orthodontics for the General Practitioner. C 701. Oct. 13.

Solutions to Complex Restorative Problems Using Fixed & Osseointegrated Implants. C 701. Oct. 28.

Update in Periodontics: Integrated Periodontics into Your Practice. C 701. Nov. 11.

Integrating Fixed with Removable Prosthodontics. C 701. Dec. 9.

The Role of Dental Assistants & Dental Hygienists in the Management of TMJ Disorders. C 701. Dec. 2.

Endodontics: The True Story. Stockton Hilton. Dec. 7.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS or ARC, those who have tested HIV positive and others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call x66430.*

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Weekly Support Group for UCSF Employees. Tuesdays at noon. Call facilitators Marty Kortebein or Bruce Flynn, x62621.

Positives Being Positive. Support groups in the community meet regularly. Call x63902.

Caregiver Training. Caring & self-caring skills for professionals & volunteers. Call x66430 for information.

Living with HIV. Public forums every other month.

WOMEN'S RESOURCES

Sponsored by UCSF Women's Resource Center unless otherwise noted. Call x65836.

GROUPS
Ongoing noontime drop-in groups for women working or studying at UCSF.

Women of Size Support Group. N 527. Mon., Oct. 16 & 30; Nov. 13 & 27.

Such a Group! Jewish Women's Discussion Group. 1308 3rd Ave. Fourth Tues. of every month.

Lesbian Lunch Group. C 213. First & third Mon. of each month.

Latin Women Coalition. N 527. Last Wed. of each month.

Circle of Sisters. Black women's group. C 213. Every Fri.

Asian/Pacific American Women's Group. A one-time gathering of Asian/Pacifican American women. Thurs., Oct. 19. N 527. Call Noemi Sohn, x65222.

Not So Gay Divorcees: Support Group for Divorced & Separated Women. Tues., Oct. 17 & 31, Nov. 14 & 28.

RAPE PREVENTION

Classes, workshops & support groups sponsored by UCSF Rape Prevention Program. Call x65222 for information & registration.

Personal Safety, Rape & Assault Prevention Presentations. By appointment to campus departments & employees in the workplace.

Support Group for Sexual Assault Survivors. Five consecutive weekly sessions, 5-6:30 p.m. on a day to be arranged. $5-$40 sliding scale.

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call x65683 for information & reservations.

Crime Prevention Presentations. By appointment to campus departments & employees in the workplace.

Tear Gas Classes. Department of Justice certified. Personnel Conference Rm., 1350-7th Ave. Sat., Oct. 28 & Dec. 9, 9 a.m.-noon. Wed., Nov. 15, 6-9 p.m. $12. Pre-registration required.*

CPR TRAINING

Basic CPR. A 3-4 hour course in basic cardio-pulmonary resuscitation sponsored by the UCSF CPR Center. N 229. 9 a.m. Sept. 30, Oct. 7 & 20. $20. For information & registration call x61817.*

CPR Road Show. Traveling CPR instruction by volunteer instructors sponsored by the UCSF Center for Pre-Hospital Research & Training. For more information call Denise, x65802.*

MELVYL/MEDLINE

MELVYL/MEDLINE is now available, at no cost, to UCSF faculty, students & staff from any location, including offices, labs & hospitals, that will connect with campus Ethernet or a terminal with modem, as well as from the library terminals. UCSF Library offers frequent seminars on MELVYL/MEDLINE searching techniques, as well as written guides & personal assistance. For further information call the Reference Desk, x62337.

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students and staff call x61541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms and auditoriums, it is still necessary to call Millberry Union at x62571, Room Reservations at x64436, Faculty/Alumni House at x64723, Laurel Heights at x68100 or the individual school or department.

***Open to the public.**

Benefits/Personnel

New UCSF Council Board Members

The UCSF Council, the organization which represents all non-union employees on campus, has a new executive board, which includes (left to right) Sèan O'Connell, treasurer; Betsy Connell, chair; Karen O'Hara, secretary; Richard Drake, CUCSA excecutive board; Wayne Charles, United Way; and Mark Singer, CUCSA representative. Not shown: Jan Collins, CUCSA representative; Liz Copp, vice-chair; Ron Lambert, Black Caucus; Joyce McKinney, editor; Carol Moeglein, cultural diversity; Sandra Norberg, staff appreciation; Elenor Shimosaka, Asian Caucus; Chris Slaboszewicz, ABOG chair; Ruth Stege, by-laws/policy; Sheri Strickland, Regents representative; Charles Taylor, MAG chair.

Black Caucus Officers Installed

The two new officers in this photo are chair Ron Lambert (far right) and vice chair Fred Logan (center). Joining them on the occasion of the recent installation at CED are steering committee members (left to right) Lee Jones, Brenda Adams, Joanne Lewis, Darlene Collins, Wendell Adams, Terry Kingdom and Shirley Williams. Other new officers include secretary Edna Mayhand, treasurer Diana Farley and corresponding secretary Claudette Johnson.

Beth Crovitz, Associate Payroll Manager

Beth Crovitz is the newly appointed associate payroll manager in the Campus Accounting Office. She joined the staff in February of this year as assistant payroll manager with special responsibility for systems and benefits. Previously, she worked for five years at UC Systemwide in the Office of the President as coordinator of payroll systems and policy for all nine campuses.

In her new position, Crovitz assumes responsibility for day-to-day payroll operations and department staffing, while outgoing payroll manager Phil Ruttenberg concentrates on upgrading the payroll/personnel system and ensuring an orderly management transition. Ruttenberg retires next year after more than 20 years as payroll manager.

New Support Group for Divorced Women

The Women's Resource Center has a new support group for divorced and separated women. It meets every other Tuesday at noon in Room 517 of the School of Nursing building. The next two meetings are October 17 and 31. For further information call x65836. For a complete listing of all the support groups sponsored by the Women's Resource Center, see page 5 of the *Today & Tomorrow* calendar.

How Are the Funds Performing?

For those invested in the 403(b) Plan and the After-tax Plan, here are the latest unit values and monthly factors (as of August 31). If you have questions, please call x69256.

	Monthly Factor	Current Rate
Savings	.0069	8.16%
Money Market	.0068	8.06%
GIC	.0073	8.65%

	Unit Value	1-Month Change	12-Month Change
Bond	$37.80	-2.2%	20.30%
Equity	$63.51	0.7%	30.93%

Jobs

The Personnel Department, located at 1350 Seventh Avenue, is open to receive applications every weekday from 8 a.m. to 5 p.m. with extended hours on Wednesdays, 8 a.m. to 6:30 p.m. Details of jobs listed below are available in the UCSF Employment Opportunities Flyer. Copies are distributed campuswide and also are posted at the Personnel Office and on the second floor of Moffitt Hospital, near room M 285, west of Moffitt Cafe & Grill. All jobs are open until filled unless otherwise noted.

Key to union codes:
AFSCME: CX—Clerical and Allied Services
EX—Patient Care Technical
SX—Service
CNA NX—Registered Nurses

Administrative

Management Services Officer III or II. Office of the Vice Chancellor, Staff & Student Human Resources, SFGH, CED, VAMC. #V-S50803. $3,292-$4,492 or $3,000-$4,492. Filing Deadline: 10/11/89.

Senior Administrative Analyst. Radiology. #H-P48996.$3,000-$4,492.

Senior Public Administrative Analyst. School of Nursing, Institute for Health & Aging. #V-S68645. $3,000-$4,492. Filing Deadline: 10/4/89.

Statistician. LPPI, 1350-7th Ave. or SFGH. #V-W65296. $15.66-$23.47. Filing Deadline: 10/4/89.

Administrative Analyst/Technical Support Analyst. Hospital Information Systems, Computer Services, CED. #H-P47038. $2,475-$3,717.

Custodial Services

Custodial Supervisor. Physical Plant. #H-P62949. $11.37-$12.99/hr., plus a $0.50 Shift Differential.

Window Cleaner. Physical Plant. #V-C68132. $10.44-$12.41/hr.

Sciences & Labs

Staff Research Associate II. CVRI. #M-C81014. $2,250-$3,375. Filing Deadline: 10/4/89.

Staff Associate II. Medicine/Rosalind Russell Lab, SFGH. #M-C56314. $2,250-$3,375. Filing Deadline: 10/4/89.

Staff Research Associate I or II. Pharmacology. #M-C68043. $1,987-$2,380 or $2,250 or $3,375. Filing Deadline:10/4/89.

Staff Research Associate I. Ophthalmology. #M-C67847. $1,987-$2,380. Filing Deadline: 10/4/89.

Staff Research Associate I. School of Nursing, Institute for Health & Aging. #M-C68646. $1,987-$2,380. Filing Deadline: 10/4/89.

Hospital Clinical Laboratory Assistant II. Clinical Labs, SFGH. #M-L50457. $1,878-$2,242. Filing Deadline: 10/4/89.

Respiratory Therapist I/Registered Respiratory Therapist I. Respiratory Care Service. #H-APOOL. $2,127-$2,558 or $2,330-$2,809.

Registered Dental Assistant. General Dentistry, SFGH. #V-W12903. $1,826-$2,160. Filing Deadline: 10/4/89.

Hospital Unit Service Coordinator III. Nursing. #H-PPOOL. $10.19-$12.10.

Hospital Pathology Assistant I. Anatomic Pathology.#H-A69167. $1,689-$1,999.

Communications

Program Representative I. LPPI, SFGH. #V-W61001. $10.96-$13.05. Filing Deadline: 10/4/89.

Auto Operations

Senior Auto Equipment Operator. Transportation Services. #V-S55332. $10.01-$11.86/hr.

Health Care

Per Diem Staff Pharmacist I. Pharmaceutical Services. #V-S67098 & V-S67099. $25/hr.

Clinical Nurse III. ACC, Center for Gastrointestinal Studies. #H-C85504. $3,138-$3,786. Filing Deadline: 10/4/89.

Clinical Nurse III. ACC, Hematology/Oncology. #H-C85511. $3,138-$3,786. Filing Deadline: 10/4/89.

Clinical Nurse III. Pediatrics. #H-C60314. $3,138-$3,786. Filing Deadline: 10/4/89.

Occupational Therapist II. ACC, Ortho Faculty Practice. #H-A85505. $17.24-$25.81/hr.

Occupational Therapist II. ACC, Rheumatoid Arthritis Clinic. #H-A85512. $17.24-$25.81/hr.

Staff Pharmacist I. Pharmaceutical Services. #V-S85544. $17.24-$25.81/hr.

Clinical Nurse II. ACC: Endoscopy Unit. #H-C85507.$2,998-$3,448. Filing Deadline: 10/4/89.

Clinical Nurse II. Renal Center, SFGH. #H-C66561. $2,998-$3,448. Filing Deadline: 10/4/89.

Programming & Analysis

Assistant Statistician. LPPI. #V-WX7464. $13.35-$16.06. Filing Deadline: 10/4/89.

Psychiatric Nursing

For more information on these jobs call Judith Rowe, x67360.

Clinical Nurse V. LPPI Behavioral Neuroscience Service.

Clinical Nurse III. LPPI Behavioral Neuroscience Service. $3134-$3881/mo.

Clinical Nurse III. LPPI Children's Unit. $3134-$3881/mo.

EMPACT!

Win Tickets for the Giants Playoffs!

EMPACT! has six sets of tickets to the Giants playoffs and also the World Series (if it comes to that). Three lucky people will win two tickets each to a playoff game and a Series game. The drawing will be Friday, October 6, at noon. Buy your raffle tickets for $10 each before that date at the regular EMPACT! outlet: Monday, Wednesday & Friday in the Med Sci lobby, 11 a.m. to 1 p.m. Questions, call x66932. Only 300 tickets will be sold, so better hurry.

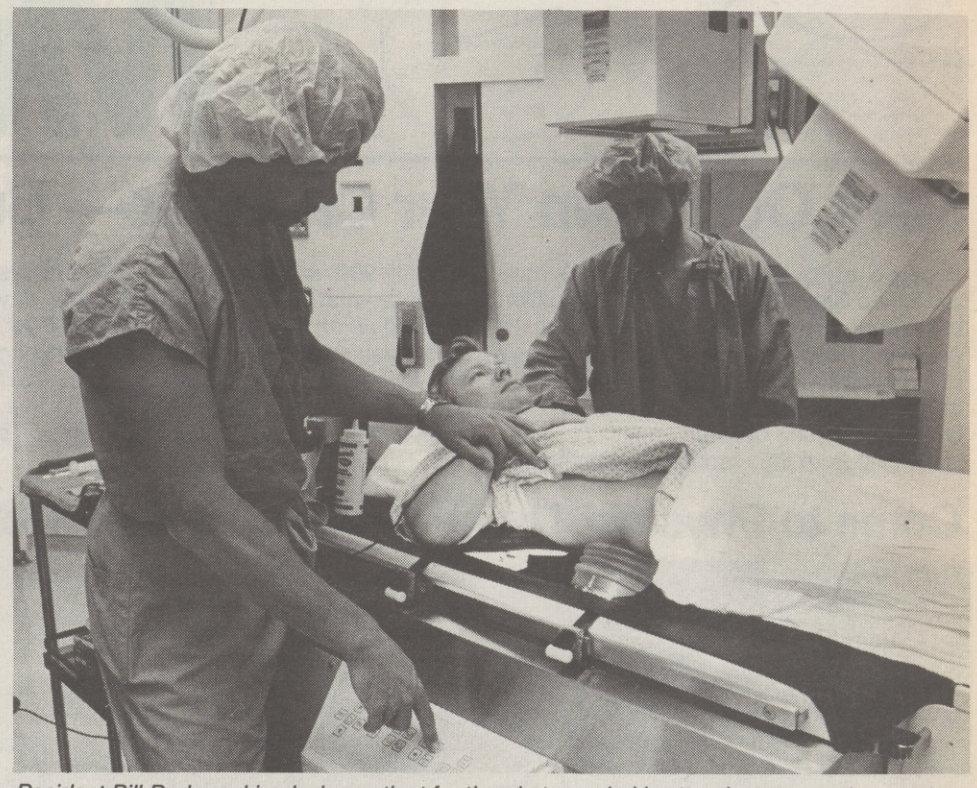
Also take note:

- **The Renaissance Pleasure Faire** has been extended through the weekend of October 14 and 15. Buy your tickets from EMPACT!: $10 for adults (regularly $12.50), $5 for kids age 3 to 11. Black Point Forest in Novato.
- **Salmon Fishing on the "Wacky Jacky,"** Saturday, October 21. Last time EMPACT! sponsored a salmon fishing trip on the "Wacky Jacky" everybody caught their limits—great big salmon—in no time! Cost: $44.

Medsounds Continued

How About Catching Up on Some New Technology?

From a lengthy list of important participants in the new ECMO program, here are four: Neonatal specialist Valerie Charlton (left), ECMO nurse coordinator Barb Bratton (right), ICN nurse Robin Moody (center) and little Maria Calderon, the daughter of Maria Calderon and Juan Bahrjas of Oakland. Maria is the second baby saved by ECMO at UCSF.



Resident Bill Redwood is playing patient for the photograph; his attendants are urology tech Ralf Jeworowski (left) and Marshall Stoller, director of the Urinary Stone Center. The Center is located on the fourth floor of Moffitt Hospital.

ECMO: A Lifesaver for Dying Babies

You may remember that part of the reason Amy Gunn-Milton won the Distinguished Nurse Award this year was for the part she played in setting up the ECMO project in the Intensive Care Nursery. At the time of the announcement we didn't really go into a description of ECMO, other than that it stood for "Extracorporeal Membrane Oxygenation."

Now that ECMO has saved the lives of two babies in our ICN—maybe more by the time you read this—it's time to tell you more about it.

The technique, explains ECMO coordinator Barb Bratton, is used for infants with an 80 percent or more chance of dying due to serious lung problems at birth. During the ECMO process, the baby's blood is circulated outside the body through a machine that adds oxygen and removes carbon dioxide—similar to what the lungs do. Thus, the load is taken off the lungs while they heal.

Although the method has been used for too little time to know all the possible aftereffects, ECMO's lifesaving abilities are unquestionably remarkable. "To see a baby so sick—and then a few hours later look so healthy—is just amazing," says Barb.

Setting up the program was no small feat. The ECMO team involves physicians, nurses and additional personnel from both the the ICN and the OR. "It's a huge group," she says. "In the ICN alone we trained 25 nurses from the ground up during the past year."

Here's Lithostar, the Newest Generation of Kidney Stone Crushers

One of the features on the tour itinerary for the October 14th event will be the Lithostar, a new and improved machine for the method of kidney stone removal called lithotripsy. You may remember that with earlier lithotripsy treatment, patients had to be submerged in water, and shock waves that crushed the stones were conducted through the water.

With Lithostar, as you can see from the photo, patients no longer need to be submerged in water. Furthermore, this new method of treatment requires no anesthesia.

Along with the Lithostar, other features on the Medical Center component of the tours will include the imaging technique called magnetic resonance imaging (MRI); the newest methods in interventional radiology; and areas of the OR, including heart and liver transplants and neurosurgery. The new Birth Center and ACC's Surgery Center will be featured in separate tours.

Oh, Boy—Helen Ripple's United Way Prize is (once again) "Dinner Anywhere You Want"

This is the time of year when the Med Center administrators and managers start rallying around to come up with a prize for the United Way raffle, and guess who's there first at the starting block with the same wonderful prize she's donated for the past three (is it four?) years in a row: It's nursing director Helen Ripple, offering dinner for two at any restaurant you want in San Francisco.

Bill Kerr's ready with his prize, too: A weekend for two at Point Reyes Seashore Lodge. Patty Perry's giving a gift certificate for "Waiters on Wheels," a service that delivers restaurant meals to your home. And Ron Schumacher has a gift certificate from Macy's pledged.

If you're new to the Medical Center, you'll discover that by the time the United Way Campaign begins on November 6, this list of prizes will have multiplied 15 or 20 times (if this year is anything like the past).

The way it works is that everyone who makes a donation to United Way automatically will be entered in the raffle drawing. In years past, there has been one big drawing at the end of the campaign. This year, however, there will be drawings at four different times during the two-week campaign. Thus, the earlier in the campaign you make your donation, the more chances you have at winning.

Publicity chair Laurie Carlson called to say that there's another new development this year: A kickoff "fair" on Monday, November 6, which, hopefully, will be attended by several agencies supported by United Way funds. Thus, people can make a first-hand acquaintance with the workings of United Way.

Be sure to stay tuned to this paper for further United Way news. Next issue we'll introduce this year's United Way committee in the Medical Center, and, of course, bring you up to date on the list of raffle prizes.

Sharing Deborah's toast is hand surgeon Leonard Gordon, who has the distinction of performing the most cases to date: He's done 283 since the Center opened. A total of 4,092 cases had been performed by September 15, the exact date of the anniversary.

Another Big Anniversary: Surgery Center Reaches Number Two

While all the world is celebrating the campus' 125th Anniversary, the Surgery Center has its own milestone to mark: It just celebrated its second.

To mark the occasion, let us introduce Deborah Frase, the relatively new head nurse, who took Betty Pingree's place when she left to manage the clinical labs. A 10-year employee at the Medical Center, Deborah spent eight years in the inpatient OR before transferring over as "second in charge" when the Center opened in 1987.

The Surgery Center, officially called the "Ambulatory Surgery Center," is where outpatient cases are performed: Patients arrive, have their procedures and go home all on the same day. The Center is located on the ground floor of the ACC, adjacent to the ACC lounge.

New HIV/HBV Employee Exposure Program

Kathleen Turner-Hubbard, nurse practitioner in the ACC, sends news of a new program in the Employee Health Service:

"In response to a growing need and concern, the Medical Center has expanded the Employee Health Service to include an employee exposure program. This program involves employees who may have been exposed to the AIDS virus (HIV) or hepatitis B (HBV). The program, which is available to all members of the campus, includes counseling, testing and treatment when indicated."

Information and services are available 24 hours a day. In the event of an exposure, employees should call long-range beeper 739-7898. (After the beep, punch in your number, hit the "#" symbol, then hang up.) Someone will return your call with instructions regarding the care and treatment of the exposure.

Green information cards should be posted at all work area telephones, and each employee in designated work areas should have received a personal pocket-sized card in the mail. These cards contain information on what to do in case of exposure. For additional supplies of either card, please contact Clinic Administration, x64021.

The Employee Health Service is under the direction of Robert Harrison. Dolores Giles is the administrative nurse; and Kathleen Turner-Hubbard is the coordinator for the new employee exposure program.

In This Issue!

- **Who manned the first-aid stations at the Bridge-to-Bridge Run? We did!** See page one.
- **Karl Friedrich Meyer devises a plague vaccine for the military,** see "125th Flashbacks," page two.
- **Harvard biologist Stephen Jay Gould joins the Sierra String Quartet for the Gordon Tomkins Lecture October 10,** see page one.
- **The UCSF Exchange is sponsoring a rummage sale and a children's Halloween party,** see page two.

UCSF Medsounds

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Mark Oct. 14 on Your Calendar — But Don't Forget 3, 4, 5, 6, 30 & 31

If there's any question left as to what's happening on Saturday, October 14, this edition of the paper should take care of it for you. It's peppered from front to back (or shall we say back to front) with news about the 125th Kickoff celebration that day—including a centerfold map of all the events.

Judging from the number of volunteers—already 900 volunteer slots are filled at this writing—plenty of people have that day marked off on their calendars already. If you don't, you might want to consider gathering up your family, hopping on the Muni, and coming on up. Everyone's invited, it's free, and, in the words of our party planners, "It's entertainment you can't get anywhere else."

Of course, life goes on here and elsewhere about campus, which means individual departments have their own events and milestones to mark. For instance, both our Respiratory Care and Physical Therapy Departments have events planned in celebration of their national recognition weeks the first week of October—and they're hoping you'll attend. And our Medical Center Auxiliary has several benefits planned they hope you'll patronize. So while you're marking your calendar for the 14th, be sure not to overlook these other dates!

Come to Physical Therapy's Open House October 4

E. Eastman works with patient Niko Bratos on the balance balls

In celebration of National Physical Therapy Week, October 1 through 6, our Physical Therapy Department is hosting an open house on Wednesday, October 4, in the PT gym (L 126) from 11 a.m. to 2 p.m. They'll have booths and refreshments and lots of staff people there to greet you, show you around and tell you about the department and their work.

To provide a little orientation in advance of the event, physical therapist Heidi Engel has forwarded a story that serves as an example of physical therapy's role in a patient's recovery.

"Imagine developing an illness," she writes, "that leaves you partially paralyzed from your shoulders to your toes. The physicians treat the disease and cure the illness, but now you are left lying in bed, barely able to move. How will you learn to regain your strength? Or to move from lying down to standing up? Or to walk, or run?

"These are the questions that physical therapists help patients answer every day. And these are the questions that Niko Bratos, a 14-year-old boy from Yugoslavia, has spent the past five months answering for himself through the help of physical therapist E. Eastman."

The story begins when Niko was admitted to the Medical Center in 1986 and again this year for the removal of tumors encasing the spinal nerves in his neck.

Physical therapists began working with Niko at his bedside shortly following surgery, giving him exercises to strengthen his trunk so he could sit and transfer to a wheelchair. Once he could use a wheelchair, he was able to go home and begin outpatient therapy here at UCSF. Upon his arrival, Niko's personal goal was that he would run again in a year's time. E. (Eastman) started working with Niko three times a week for an hour, and gave him a daily exercise program to do at home.

"E. was very patient," Niko reflects. "He broke the phases of walking into several small steps, making many small goals, one leading to the next. He always challenged me to take the next step, but never forced me. He made it fun."

The techniques E. used included manually resisted exercise, specific movement instructions, balance balls and a treadmill. (Be sure to take this article with you when you go to the open house on October 4 so you can ask what some of these terms mean.)

E. also involved Niko's family, ecouraging them to participate in the exercises but not to push him too hard.

After five months of physical therapy, Niko is now able to run six minutes on a treadmill, climb stairs, jump and play basketball. At this writing he and his family were planning to leave soon for their home in Dubrovnik, Yugoslavia.

Respiratory Care Week, October 1-7

Have you ever visited our Respiratory Care Services Department on the ground floor of Moffitt Hospital? Do you consider yourself acquainted with the staff? Have you ever won a prize in a raffle?

Right now is an excellent time to turn any "no" answers into "yes," not only because the department recently expanded both its staff and services, but also because next week is National Respiratory Care Week & they have many activities planned—including an open house, a mini "Spend a Day" and a raffle drawing. Here's the complete agenda—you're invited to any or all events (call Mike Mahlmeister at x62452 if you have questions):

- **Monday, October 2.** Get your pulmonary function and blood oxygen tested. Medical Sciences lobby, 9 a.m. to 1 p.m.
- **Tuesday, October 3.** The staff will take you on a tour of the department if you stop by for their open house and bake sale. Room M 69, 9 a.m. to 3 p.m.
- **Wednesday & Thursday, October 4 & 5.** Find out what respiratory therapists do: Sign up for the department's "Spend an Hour" program and you can accompany an RT on the job. Sign-ups on Monday or Tuesday for an hour on Wednesday or Thursday. x62452.
- **Friday, October 6.** Raffle drawing at noon in M 69. First prize is a gourmet food basket; second prize is a gift certificate for an on-the-job mini-massage; and third prize is a gift certificate from Just Desserts. Tickets are 50 cents each. You can buy them at the open house or any time during that week from your nearest respiratory therapist (or in M 69).

"What Mom/Dad Does at Work" Drawing Contest Deadline October 6

Be sure to get your offspring's drawing turned in to Ellen Call in Medical Center Administration, L 103 (Box 0210), by Friday, October 6.

If you missed this item in the last *Medsounds*, here it is again: The Family Health/Science Fair committee has planned an exhibit of drawings by *your* kids for the 125th Kickoff on October 14. The theme for the exhibit is "What Mommy or Daddy Does at Work," according to your child's interpretation.

To provide some incentive for your little artists, the committee is making this into a contest. The prizes are a surprise.

Be sure to tape the following information on the back of the drawing: Your child's name and age, plus your name, occupation, department and extension at UCSF.

Patients Will Be Part of the Party, Too

Lest anyone is worried that we've planned the party on October 14 just for the staff and community and forgotten all about our patients, you can relax. Patients *have* been included in the plans. In fact, they will be able to watch all the events of the day on videotape from the TVs in their rooms.

"It might be nice to mention that Michael Olmstead [the producer of much of the entertainment that day] is doing all the videotaping for only $100," says Kathy Balestreri, the Med Center liaison on the 125th Celebration Committee.

Patients also will receive letters telling them about the celebration and inviting their family and friends to attend.

One of our former patients will be flying high above the event. Do you remember the story in *Medsounds* a few months ago about Vallejo resident Archie Williams, a patient on 7 Long at the time? He won a gold medal in track in the 1936 Olympics in Berlin, and these days he tows banners behind his plane as a hobby. He's has offered to tow the 125th banner during the kickoff party.

Need a New Coat? Come to the Auxiliary's Outer Wear Sale, Oct. 30 & 31

Just in time for wintry weather (and almost for pay day), the Auxiliary is sponsoring a two-day "Outer Wear" sale in the Medical Sciences lobby, Monday and Tuesday, October 30 and 31, 8 a.m. to 5 p.m. each day.

There will be coats, sweaters, jackets, raincoats and leather goods, all by a company call "GDT Too"—and all at wholesale prices. For each thing you purchase, the Auxilary gets a 15% cut.

Also on the Auxiliary agenda:

- On the same days and location as the above, you can also purchase Halloween gifts from Top Hat Produce. They provide theme containers and a variety of stuffers—you choose what you want to put inside.
- Don't forget the benefit art sale on Wednesday, November 15. The Auxiliary is seeking your donations—paintings, drawings, sculptures, photography, etc. Please call x64906 if you have something to donate.
- "Entertainment '90" books—offering two-for-one and half-off deals for many restaurants, theaters, sports events, cultural events and hotels—have just arrived in the Auxiliary Office. If you buy one right away for $35, you'll get a free "Entertainment '89" book (for San Francisco/Marin) that's good through November 1. Call x64906.

Robert Foothorap

Checking A Celebrity Chef's Chili

This is the Med Center's head chef Luis Del Cid and cafeteria production manager Mary Korn doing a taste test on a recipe for Vegetarian Chili created by Annie Somerville of Greens Restaurant. If you want to see the rest of this photo (including Annie) and read all about the Celebrity Chefs program and other events included in the 125th Kickoff on October 14, turn to the "Features" section in the center of this paper.